

# ZLS Postlude

## 9 October 2026

- The Complete Postlude Lecture Series:  
General Entry – CHF 120  
With Confirmation of Attendance – CHF 150
- Per lecture:  
General Entry – CHF 50  
With Confirmation of Attendance – CHF 60  
Refugees on-site with proof of refugee status – CHF 10
- ISAP Students and Faculty: Gratis

Register and pay via our website or cash at the door  
Stampfenbachstr. 115, 8006 Zürich  
Tram 17, 50 or 51 to Beckenhof

*On-site & on Zoom - check [www.isapzurich.com](http://www.isapzurich.com) for  
Zoom pricing and up-to-date information.*

- 10:00–11:45 **Murray Stein, PhD (moderator)**  
**Brigitte Egger, Dr. sc. nat. ETH**  
**Yuriko Sato, MD**  
**Heike Weis Hyder, FMH Psychiatrie/Psychotherapie**  
01 30 | Panel Discussion  
Ways to Liberation
- 13:00–14:45 **Ursula Wirtz, Dr. phil.**  
06 31 | Ways of Knowing: Mysteries of the Mind
- 15:00–16:45 **Darlane Pictet, Ad. Dip. Ex. Psych**  
06 32 | Shiva/Shakti in Eastern Yoga: Balancing  
the Inner Masculine and Feminine Principles



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