

The 19th Jungian Odyssey  
Annual Conference & Retreat



“[T]he frightening spectacle of an apocalyptic world situation”, as Jung writes (*CW 10, §727*), taking shape within and around us, can paralyze us with anxiety, even despair (*Lat. desperare*, “away from hope”). Despair, fear, and hope are all emotions with which we might approach our future. Yet only hope offers consolation, even inspiration, and a glimpse of something “beyond” and yet to be revealed. Traveling the course of hope, navigating the flight which this “thing with feathers” traverses, is at times arduous. In a sermon (of unknown date) exploring the theme of acceptance versus fatalism, Martin Luther King, Jr. captures it in this way: “We must accept finite disappointment but never give up infinite hope.” Tolerating uncertainty allows us to hope, and hope allows us to tolerate what is yet unknown. We can cultivate hope through connecting with our own vast inner world of ancient but living symbols, and conversely it is hope that gives us the space and courage to imagine the transformation that is poised to take place both within and around us.

“Authentic hope requires clarity – seeing the troubles in this world – and imagination, seeing what might lie beyond these situations that are perhaps not inevitable and immutable.”

♦ Rebecca Solnit, *Hope in the Dark: Untold Histories*, 2016

**ISAP**ZURICH

INTERNATIONAL SCHOOL OF  
ANALYTICAL PSYCHOLOGY ZURICH  
AGAP POST-GRADUATE JUNGIAN TRAINING

**“Hope  
is the thing  
with feathers”**

## Imagination in Times of Despair

**May 30 – June 6, 2026**  
**Hotel Schweizerhof  
Flims, Switzerland**

### Guest Speakers

Daniela Boccassini, PhD (Italy/Canada)  
Joseph Cambray, PhD (USA)  
Catherine Cox, BA (UK)

### With Friends & Faculty of ISAPZURICH

Peter Ammann, Dr. phil.  
Maria Anna Bernasconi, lic. phil.  
Richard Blennerhassett, MB, FRCPI, FRCPsych  
Maria Grazia Calzà, Dr. phil.  
Katharina Casanova, lic. phil.  
Brigitte Egger, Dr. sc. nat. ETH  
Deborah Egger-Biniores, MSW  
Ilaria Franchi, Movement Medicine Teacher  
Allan Guggenbühl, Dr. phil.  
Lisa M. Holland, MS  
Scott William Hyder, lic. phil.  
Elia Khalaf, PhD, LMHC, ATR-BC  
Lena Måndotter, Singer/Song-Therapist  
Bernard Sartorius, lic. theol.  
Judith Savage, DPsy  
Kathrin Schaeppi, MS, MFA  
Murray Stein, PhD  
Nancy van den Berg Cook, PhD, PsyD  
Ilsabe von Uslar, lic. phil.  
Katarzyna Wach, Mgr. Psych., Soc. Psych.  
Heike Weis Hyder, Dr. med.  
Penelope Yungblut, MA

### Program Details

**[www.jungianodyssey.com](http://www.jungianodyssey.com)**  
**[info@jungianodyssey.com](mailto:info@jungianodyssey.com)**

Photo: Hotel Schweizerhof and View. © Hotel Schweizerhof, Flims  
Quote: “Hope is the thing with feathers.” Emily Dickinson

**Jungian Odyssey 2026** Since 2006 our annual conference and retreat has opened ISAPZURICH's post-graduate program to all with interest in C.G. Jung's Analytical Psychology. "The earth has a spirit of her own," Jung mused, and elsewhere he called it the *genius loci*, the spirit of the place. It is this, the particular *genius loci*, that infuses each Odyssey as it leads us to a different place in Switzerland each year and inspires each Odyssey's topic. So, too, this spirit imbues our presenters' analytic views on contemporary research in a variety of fields, and as well, their handling of traditional areas of Jungian interest—fairytale, dream, myth, art, religion, personal and collective experience, and clinical practice.

## **“Hope is the thing with feathers”: Imagination in Times of Despair**

For the first time, the *genius loci* takes us to the small mountain village of Flims in the Canton of Grisons, situated on a forested promontory above the Rhine Gorge at an elevation of 1,080 m (3550 ft) above sea level. Flims consists of four parts: Flims Dorf, Fidaz, Scheia and Flims Waldhaus (i.e. “Forest House”), the birthplace of tourism in Flims, where several hotels were built around 1900, including Hotel Schweizerhof. Flims Waldhaus is surrounded by a forest in which there are several small lakes. The largest, Lake Cauma, famous for its striking turquoise color, is one of the most beautiful natural sites of the region. The mountains above Flims rise up to 3,097 meters (10,161 ft) and are part of the Swiss Tectonic Arena Sardona, a UNESCO World Heritage site where older rock

formations were pushed over younger ones during the formation of the Alps. Flims lies on the cone-shaped pile of debris from a landslide that occurred approx. 9,500 years ago. The Flims landslide is the largest known alpine landslide and among the largest in the world. The landslide caused a temporary damming of the Rhine, which led to flooding, thereby devastating the landscape downstream all the way to Lake Constance. (<https://de.wikipedia.org/wiki/Flims>; [https://de.wikipedia.org/wiki/Flimser\\_Bergsturz](https://de.wikipedia.org/wiki/Flimser_Bergsturz)). This prehistoric catastrophe gave rise to the present distinctive and enchanting landscape with its dark-green forest, small lakes, and a riverine ecosystem rich in biodiversity. We can perhaps see this as a symbol of hope.

### **Retreat Setting Hotel Schweizerhof, Flims Waldhaus**

The 4-star Hotel Schweizerhof, registered as a “Swiss Historic Hotel”, offers beautiful panoramic views of parts of the village, meadows and surrounding mountains. All extensions and conversions are in keeping with the Art Nouveau style, so that its character has been preserved both inside and out. In earlier times, the hotel held a ball twice a week, and bridge, tennis and dance instruction. Albert Einstein, Empress Zita and Marie Curie spent their vacations here, and King Albert of Belgium and his wife came incognito. ([https://de.wikipedia.org/wiki/Hotel\\_Schweizerhof\\_\(Flims\)](https://de.wikipedia.org/wiki/Hotel_Schweizerhof_(Flims))) Today, the hotel features a wellness area with indoor natural stone pool with Grandeur water and garden/forest view, Finnish sauna, organic pine sauna, steam bath, and infrared cabin. The beautiful Lake Cauma (swimming, lakeside restaurant, etc.) is within walking distance. The rooms (13-23 m<sup>2</sup> / 140-248 ft<sup>2</sup>) offer panoramic views of the mountains and/or garden/forest, and are equipped with TV, free Wi-Fi, desk, minibar, hairdryer, bathrobe and safe. Some of the rooms feature a balcony or bay window. For a surcharge, a Junior Suite (south-facing balcony with garden/forest view) or a Panorama Turret Room (panoramic bay window with mountain view and seating nook) are available; both have a size of approx. 30 m<sup>2</sup> (323 ft<sup>2</sup>).



*Hotel Schweizerhof and View. © Hotel Schweizerhof, Flims*

**Early registration is recommended, as space is limited and the Odyssey typically books out. Also, early birds receive a price advantage!**

**Odyssey Packages Include** • Group bus Zurich/Flims/Zurich • room & full board (excluding two dinners) w/ water and coffee at all meals • mid-morning and (on some days) afternoon coffee breaks • 2 wine receptions • morning meditation • 7-day academic program with a film evening, dancing and movement sessions, a fairy tale evening, two afternoon opt-in excursions (partly at cost), and an additional hike • Flims Guest Card allowing free bus transport in Flims, Laax and Falera • **Exception: Package #3** The academic program is excluded for non-attendee partners (apart from the Saturday lectures and the special events [p. 3 & 4], which they are welcome to attend). • **Exception: Package #4** is a limited 2-day “taster” program (bus travel, hotel overnights, and hotel amenities are not included) offering a small number of places on a “first-come first-served” basis to first-time Odyssey attendees in order for them to become acquainted with the Odyssey and ISAP (please note that current or former ISAP students, staff and faculty are excluded).

### **Limited Enrollment • Unparalleled Value**

**Register soon to ensure your place and save on your Odyssey package!**

**Final Registration Deadline: March 25**

### **Package Costs • Registration by March 10 • in CHF**

- #1 1 Attendee, single room • 3,300.00
  - #2 2 Attendees, 1 double room, per person • 3,150.00
  - #3 1 Attendee & 1 Non-Attendee, double room • Total 4,800.00
  - #4 Odyssey Taster May 30 & 31, per person: 400.00
- Surcharge for Junior Suite or Panorama Turret Room: 600 CHF

### **Package Costs • Registration after March 10 • in CHF**

- #1 1 Attendee, single room • 3,600.00
  - #2 2 Attendees, 1 double room, per person • 3,450.00
  - #3 1 Attendee & 1 Non-Attendee, double room • Total 5,200.00
  - #4 Odyssey Taster May 30 & 31 per person: 440.00
- Surcharge for Junior Suite or Panorama Turret Room: 670 CHF

**ISAP students are subject to other Terms & Conditions, including other costs and deadlines, provided by the FO.**

### **To register, click on the links below**

- [General Terms & Conditions](#)
- [General Registration: Packages #1, #2, #3, #4](#)

## Special Events • Odyssey Packages #1, #2, #3

### Sunday • *The Quiet Girl* • By Colm Bairéad

*The Quiet Girl* is an Oscar nominated 2022 Irish film, acted entirely in Gaelic, Ireland's ancestral language (with English subtitles). It is an adaptation of Claire Keegan's novella *Foster* and is set in the early 1980's in rural Ireland. Its central character is a little girl, Cait, who is unloved by her family and sent to stay for the summer with distant relatives on a farm in the countryside. Here she is welcomed and the emerging relationships that develop between these three souls are beautifully rendered as the summer unfolds. Its emotional power reminds us all of the child within. **(Included also in Package #4)**

The film will be discussed from a Jungian perspective as part of Richard Blennerhassett's combined lecture and seminar on Monday.



### Monday • Ilaria Franchi, Movement Medicine Teacher Dancing as a Pathway of Hope and Creativity

In these Movement Medicine sessions, participants will be guided to awaken their innate resources of vitality and imagination. Through movement and dance, we will bring our embodied attention to the arc of time – acknowledging the pathways behind us, inhabiting the present moment, and opening toward the horizon of the future. In this way, the dance becomes a wellspring of creativity and a living source of hope for ourselves and the wider web of life.

### Tuesday • Opt-in Excursion Choices

#### 1. Up to CHF 56.00 • Train Ride through Rhine Gorge and Guided Tour of the Art Museum in Chur

Cost covers round-trip transport and the guided tour. Guided tour: 1 hour.



We will leave the hotel at 12:40 and walk to the bus stop (about 3 min.). The bus will bring us to the town of Ilanz, where we will board the panoramic train through the Rhine Gorge (in the local Romansh language: "Ruinaulta"). The gorge, also called the "Little Grand Canyon" of Switzerland, is a significant natural heritage of Switzerland, about 13 km (8 miles) long and up to 400 m (1300 ft) deep. It was formed by the Rhine River eroding its way through the cone of debris left by a massive landslide, which approx. 9,500 years ago buried the entire valley around Flims. We will arrive in Chur, the capital of the Canton of Grisons ("Graubünden") and walk (5-10 minutes easy and flat walk) to the Art Museum Graubünden, housed in a historic villa and a modern annex building renowned for its architectural design. With a special focus on Expressionism, its collection highlights the history of art in Graubünden over the

last 150 years. It presents masterpieces such as paintings and sculptures by famous Swiss and international artists including Angelika Kauffmann, the Giacometti family, Andreas Walser, Alois Carigiet, Lenz Klotz, Matias Spescha, Not Vital, HR Giger, or Zilla Leutenegger. It also features artists who are linked to Graubünden, like Giovanni Segantini, Ernst Ludwig Kirchner, Varlin, Roman Signer, Heiner Kielholz, Richard Long, or Miriam Cahn (<https://kunst-museum.gr.ch/en>). Our guided tour in the museum begins at 14:30. After that, you are free to further explore the museum (open until 17:00), stroll around the small and beautiful historic town center of Chur with the Cathedral (built in 1150-1272) and the Baroque-era Bishop's Palace, go to a café, and/or have dinner (self-paid) in a restaurant of your choice in Chur. Having been a settlement for over 5,500 years, Chur is said to be the oldest town of Switzerland. It is also the seat of the earliest bishopric north of the Alps (<https://en.wikipedia.org/wiki/Chur>). We will return to Flims by bus, leaving Chur at 20:28 and arriving back at our hotel at approx. 21:15.



#### 2. No Cost • Hike Falera to Flims

Hike: easy to medium level, approx. 3 hours. *Wear hiking boots or sturdy walking shoes. No sandals or street shoes!*



We will leave the hotel at 12:25 and walk to the bus stop (approx. 3 min.). A short bus ride will bring us to the village of Falera at an elevation of 1220 m (4,000 ft). The 8.3-km (5.2-mile) hike from Falera back to our hotel takes approx. 3 hours. Rated as easy to medium level, this hike contains an ascent of approx. 160 meters (525 feet) and a descent of approx. 270 m (885 ft). The path initially leads through alpine meadows teeming with wild flowers and perhaps some grazing cows, and past traditional wooden sheds, offering panoramic views of the surrounding mountains, the Rhine Gorge and the small lake near the village of Laax. After traversing Laax, the final part of our path leads through the beautiful mountain forest. On the way, we will enjoy a picnic from our lunch boxes. We will arrive back at the hotel at approx. 17:00. If you'd like, you can add a

detour to Lake Cauma ("Caumasee") at the end of the hike. Have dinner (self-paid) at a restaurant of your choice in Flims. Optional: Add a walk on the treetop path (see below), which we pass on our way, and return to the hotel on your own.

## Other options (on your own)

- Walk the world's longest treetop path in Laax (1.5 km / 0.9 mile; entry fee: 22 CHF; free bus ride to Laax with your Flims Guest Card; <https://www.laax.com/en/send-dil-dragon>)
- River Rafting in the Rhine Gorge (<https://www.graubuenden.ch/en/activities/summer/water-sports/river-rafting>)

## Wednesday • Ilaria Franchi, Movement Medicine Teacher Dancing as a Pathway of Hope and Creativity (see Monday)

### Thursday • No Cost • Hike to the Viewing Platform “Il Spir”

Hike: medium level, approx. 3 hours. *Wear hiking boots or sturdy walking shoes. No sandals or street shoes!*

We will leave the hotel at 16:15 and walk approx. 1:15 h (3.3 km / 1.9 mi, ascent of 60 m / 200 ft, descent of 120 m / 400 ft) through the beautiful mountain forest and via the mountain lake “Caumasee” (see p. 2) to the Viewing Platform “Il Spir”, from where there is a spectacular view of the Rhine Gorge. The Rhine Gorge or “Ruinaulta” is a canyon carved by the river Anterior Rhine and is characterized by white cliffs, forested slopes, quiet lakes, and varied habitats supporting a diversity of plant and bird life. The gorge cuts through deposits of the prehistoric Flims rockslide, in which an estimated 8–9 cubic kilometres (1.9–2.2 cu mi) of rock collapsed from the Flimsenstein and neighboring peaks around 9,500 years ago. The rockslide debris blocked the river, creating a lake, which lasted for several centuries before gradually draining as the Anterior Rhine cut through the material. The present-day gorge features a meandering river with alternating gravel and sandbanks, rapids, and river terraces, bordered by cliffs rising to heights of up to 350 m (1,150 ft) (partly taken from <https://en.wikipedia.org/wiki/Ruinaulta>). Our return path follows a slightly different route through the forest (approx. 1.5 hours, 3.8 km / 2.4 mi, ascent of 170 m / 560 ft, descent of 40 m / 130 ft). We will arrive back at the hotel at approx. 19:15.



### Thursday • Maria Anna Bernasconi • Finding Hope in Old Folktales

Folktales from the Alps show us alternative routes for avoiding floods. They offer various strategies or they reveal Who really causes them. Some corresponding folktales are discussed from a Jungian perspective: Material in the shadow will be revalued. In this way we discover unexpected treasures and we contribute to the re-enchantment of the world. Folktales teach us that animism also existed in our regions and to acknowledge this worldview as a chance to develop a new way: to love nature around us and then act accordingly.

### Friday • No Cost • Guided Tour of the Megalithic “Parc La Mutta” with Kathrin Schaeppi

Guided Tour: approx. 1 hour involving a 1-km (0.6-mile) walk. *Wear sturdy walking shoes. No sandals or street shoes!*



Step back in time and uncover one of Switzerland's hidden treasures: the fascinating Bronze Age megalithic site of La Mutta (approx. 1500–1200 BCE), once home to an ancient settlement and a sun-worshipping cult. With its deep-rooted history and strong Rhaeto-Romanic heritage, this area offers a rare glimpse into life long before Roman times.

Join Kathrin Schaeppi on a guided hike around La Mutta's scenic hilltop and explore its mysterious stone alignments, stone etchings, and a calendar stone, believed to hold astronomical, mathematical, and ritualistic secrets. The site features 36 impressive menhirs (upright standing stones), cup-marked rocks, and other naturally sculpted formations. Highlights include a six-stone alignment marking the sunrise 30 days before and after the summer solstice and

“the moon arrow”, pointing to an ancient eclipse. Here a bronze disc-headed needle, believed to encode celestial cycles, was discovered.

**First group, with guided tour and additional hike:** Departure from hotel at 14:25. After the guided tour, easy to medium-level 1-hour hike to Laax-Demvitg (3 km / 1.9 mile; ascent 50 m / 160 ft, descent 260 m / 850 ft). Return by bus. Arrival at hotel at 17:45.

**Second group, with guided tour only:** Departure from hotel at 15:25. The guided tour involves an up- and downhill hike of approx. 1 km (0.6 mile). Instead of the hike, there is also the option to stay in the lower part of the park. Return by bus. Arrival at hotel at 17:30.

## Gala Closing

After our reflections on the week and the guided tour of Parc La Mutta or an afternoon rest, get ready for our traditional gala closing. A wine reception will get us started, and we will proceed to a celebratory 4-course dinner.

### • Photo Credits Top to Bottom

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1. <https://mubi.com/de/de/films/the-quiet-girl> 2. Rhine Gorge (Joachim Kohler-HB, CC BY-SA 4.0 <<https://creativecommons.org/licenses/by-sa/4.0/>>, via Wikimedia Commons) 3. Bündner Kunstmuseum (© Ralph Feiner, from <https://kunstmuseum.gr.ch/de/info/presse/Seiten/start.aspx>) 4. Path Falera-Laax (© Susanna Bucher)

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1. Rhine Gorge (© Susanna Bucher) 2. Parc La Mutta (© Susanna Bucher)

**Program • 2026**  
**“Hope is the thing with feathers”:**  
**Imagination in Times of Despair**  
 Group Travel Info p. 14 • Program Overview p. 15 • Presenters’ Biographies pp. 16-17

**SATURDAY**  
**MAY 30**

11:30-15:00	Arrival, Apéro, Lunch, Hotel Check-in
15:15-15:45	<b>Welcome &amp; Introduction</b> Maria Grazia Calzà, Dr. phil. & Lisa M. Holland, MS Academic Co-Chairs, Jungian Odyssey
15:45-17:00	<b>Joseph Cambray, PhD (L)</b> <b>Accessing the Creative Imagination in the Face of Despair</b> The paralyzing experience of despair on individuals and groups will be discussed initially. Collective despair has an episodic history, arising around times initiated by catastrophes, either natural or human, usually with a deadening effect on the creative imagination and soul. Study of Jung’s personal experiences which led to his <i>Red Book</i> offers an approach towards recovery. We will reconsider his original “waking dreams” or reveries that precipitated his inner journey. A reassessment of the value of reveries linked to disruptions in psychic life provides a pathway towards genuine hope.
17:00-17:15	<b>Coffee Break</b>
17:15-18:30	<b>Daniela Boccassini, PhD (L)</b> <b>At the Roots of Jung’s Myth: Grail Matters</b> Jung held no doubt that Western civilization had failed in addressing the issue of evil: the myth of the hero and its underpinnings – the separative confrontation of the opposites, up to and including the splitting of the atom – is heading the world to destruction. A different myth is needed to constellate a pathway to healing through the union of the opposites. Jung recognized in Parsifal and his transmutative return to the Grail castle the myth apt to court the possibility not just of avoiding the catastrophe of the Waste Land, but of giving birth to a re-greening of the soul and the world.
18:30-19:45	<b>Dinner</b>

It is ... true that much of the evil in the world  
 comes from the fact that man in general is hopelessly  
 unconscious, as it is also true that with increasing insight we can  
 combat this evil at its source in ourselves, in the same way  
 that science enables us to deal effectively with injuries  
 inflicted from without.

*C.G. Jung, CW 10, §166*

**KEY**

**L = Lecture**

**S = Seminar**

**W = Experiential Workshop**

**SoL = Seminar on Lecture**

**L&S = Lecture & Seminar**

**L&W = Lecture & Experiential Workshop**

**Confidentiality** is to be strictly observed for all experiential workshops (W), for our temenos, and for seminars that deal with personal and/or case material.

**Experiential Workshops (W)** entail self-exploration and sharing aspects of one’s personal life. Therefore, for the protection of personal boundaries, attendance is excluded for analysts of ISAPZURICH and any others who might either anticipate encountering, or *do* encounter analysts, patients, and/or supervisees at these events.

**SUNDAY  
MAY 31**

7:15-7:45  
7:30-9:00  
9:00-10:15

**Meditation with Maria Grazia Calzà**

**Breakfast**

**Catherine Cox, BA (L)  
Radical Hope as a Way of Life**

I did not know this poem by Dickinson when it appeared the morning after a dream about a bird with a wing beyond repair. Desperate, the bird flipped itself into a jar. Hopeless, I thought. The dream came after the death of my husband. Some months later, after a journey from desert to the Arctic, I walked into SFMOMA and there was Anselm Kiefer's huge painting of a bird wing. The wing, I saw, was made of lead. Hope took me yet deeper – from my Austrian war history to the war zone in Ukraine.

In this lecture I will consider how we may give space to hope's radical transformation.

10:15-10:45

**Coffee Break | Book Sales**

10:45-12:00

**Allan Guggenbühl, PhD (L)  
Imagination – A Curse or a Blessing?**

In my lecture I will give a review of the impact and meaning of imagination in our lives and discuss its role in therapy and education. My core message is that imagination exerts a great power over us, motivates us to achieve goals, but at the same time endangers us. In Jungian analysis we try to include imagination, without drifting off and forgetting our lives.

12:15-13:15

**Lunch**

**CHOICE** 14:00-16:00

• **Joseph Cambray, PhD (SoL)  
Reveries: An Often-Unacknowledged Doorway into Recovery**

The paralyzing experience of despair on individuals and groups will be discussed initially. Collective despair has an episodic history, arising around times initiated by catastrophes, either natural or human, usually with a deadening effect on the creative imagination and soul. Study of Jung's personal experiences which led to his *Red Book* offers an approach towards recovery. We will reconsider his original "waking dreams" or reveries that precipitated his inner journey. A reassessment of the value of reveries linked to disruptions in psychic life provides a pathway towards genuine hope.

• **Daniela Boccassini, PhD (SoL)  
Like Water in Fish: What Happens When We Come to Live the Myth that Lives Us? (Answer: We Learn to "Wander in Hope")**

Why do we need to tend hope? In a Parsifal-like manner Jung devoted his life to tending the kind of hope that can beget greening in the here and now. To establish a dialogical relationship between Jung's views of *coniunctio* and some of today's challenges we will reflect on the principles of reciprocity and interdependence, as foundational to the ecosystems of the breathing planet we inhabit. Humanity's pathway to healing demands that, in a Parsifal-like manner, we come to see and embrace the enveloping and transformative, grail-like, more-than-human "quintessence" we unknowingly partake of.

**... to be continued**

<p><b>CHOICE 14:00-16:00</b></p>	<ul style="list-style-type: none"> <li>• <b>Catherine Cox, BA (SoL)</b>  <b>"I'll Meet You in the Body of Hope" (Hermit Brother Rafe to Contemporary Mystic Cynthia Bourgeault Just Before He Died)</b>            "But let your hope, which is your highest good and highest ability, lead the way and serve you as a guide in the world of darkness, since it is of like substance with the forms of that world." (C.G. Jung, <i>The Red Book</i>)            "Hope is not something subjective ... It is a light force which radiates objectively and which directs creative evolution toward the world's future. It is the celestial and spiritual counterpart of terrestrial and natural instincts of biological reproduction." (Valentin Tomberg)            What is non-subjective hope? How do we enter it? What holds us back?            This seminar will have an experiential element.</li> <li>• <b>Scott William Hyder, lic. phil.</b>  <b>&amp; Heike Weis Hyder, Dr. med. (L&amp;S)</b>  <b>Humility and Forgiveness in Relation to Hope</b>            Each of us will present case material from our respective practices that highlights the themes of humility and forgiveness in relation to hope, with time for participant questions, comments, personal associations and group discussion.</li> </ul>	
<p><b>17:00-18:00</b></p>	<p><b>Temenos</b> For the early Greeks a <i>temenos</i> was an area set apart from everyday life, a holy precinct or sacred ground. Following Jung's metaphorical use of the image, for all who wish to join, our <i>temenos</i> offers a protected space for the sharing of personal experience, insights, and questions related to this Jungian Odyssey. Facilitated by Grazia Calzà and Lisa Holland, and contained in mutual respect and confidentiality, this is an open exchange that can deepen our spirit of community. Offered also on Wednesday.</p>	
<p><b>18:30-19:45</b></p>	<p><b>Dinner</b></p>	
<p><b>20:00-21:45</b></p>	<p><b><i>The Quiet Girl</i> • A Film by Colm Bairéad (see p. 3)</b></p> <ul style="list-style-type: none"> <li>• A must-see for attendees of Richard Blennerhassett's combined lecture and seminar (Mon, June 1)</li> </ul>	

Hope is definitely not the same thing as optimism.  
 It is not the conviction that something will turn out well,  
 but the certainty that something makes sense, regardless of how it turns out.  
 In short, I think that the deepest and most important form of hope,  
 the only one that can keep us above water and urge us to good works,  
 and the only true source of the breathtaking dimension of the human spirit and its efforts,  
 is something we get, as it were, from "elsewhere."  
 It is also this hope, above all, which gives us the strength to live and continually to try new things,  
 even in conditions that seem as hopeless as ours do, here and now.  
 Vaclav Havel, *Disturbing the Peace*, 1986

**MONDAY  
JUNE 1**

	<p><b>7:15-7:45</b>      <b>Meditation with Ilaria Franchi</b></p> <p><b>7:30-9:00</b>      <b>Breakfast</b></p> <p><b>9:00-10:15</b>    <b>Penelope Yungblut, MA (L)</b>  <b>Cultivating Hope through Imagination</b>  We will explore imagination as a creative resource for discovering and holding onto hope in the darkness of uncertainty and distress. We will examine how imagination facilitates our capacity to wait, endure longing, develop resilience, and foster discernment in the service of awakening new life. We will look to archetypal stories to guide us.</p> <p><b>10:15-10:45</b>    <b>Coffee Break   Book Sales</b></p> <p><b>10:45-12:00</b>    <b>Murray Stein, PhD (L)</b>  <b>Visions of Hope in Changing Times – The Book of Revelation, <i>The Red Book</i> and More</b>  A lecture about understanding the stages of cultural transformation with an eye to light at the end of the tunnel.</p> <p><b>12:15-13:15</b>    <b>Lunch</b></p>	
<p><b>CHOICE</b>    <b>14:00-16:00</b></p>	<ul style="list-style-type: none"> <li>• <b>Penelope Yungblut, MA (SoL)</b>  <b>Listening to Our Soul</b>  We will seek insight and movement in our individuation journeys using journaling and active imagination to the burning questions: What is the Self asking of me? What is the next step I need to take to respond to that which lies deepest within?</li> <li>• <b>Bernard Sartorius, lic. theol. (L) (60 min.)</b>  <b>Hope: A Necessary Illusion?</b>  A sobering reflection on some examples of archetypal motivation and dreams.</li> <li>• <b>Elia Khalaf, PhD (L&amp;W)</b>  <b>The Surrealist Artist as Architect of Hope</b>  Artists who embody marginalized queer identities have historically been at the frontline of resistance to fascism. This lecture traces the lineage of surreal art as a form of resistance, exploring how artists have subverted oppressive structures.  A generative art-making workshop guides participants in practicing radical hope to transcend societal constraints on sexuality, gender, the body, and identity. Exemplary artists and hands-on exercises demonstrate how surrealist techniques of accessing unconscious material can unlock hope beyond authoritarian constraints.</li> <li>• <b>Richard Blennerhassett, MB, FRCPI, FRCPsych (L&amp;S)</b>  <b><i>The Quiet Girl</i>: A Lost Child's Discovery of Hope and Love</b>  W.B. Yeats in his poem <i>To a Child Dancing In The Wind</i> contrasts the carefree joy of childhood with the inevitability of life's hardships. If only this were so! The profound wounds that so many children experience during childhood, be it through misaligned attachment or abuse, even if deeply buried, so often reemerge during adulthood. This lecture and seminar will explore the motif of the wounded child as depicted in <i>The Quiet Girl</i> and consider sources of healing that reopen the doorway to our soul.</li> </ul>	
	<p><b>17:00-18:00</b>    <b>Ursula Ulmer, MA</b>  <b>ISAPZURICH Council • An Information Meeting:  Continuing Education &amp; Training at ISAPZURICH</b></p> <p><b>18:30-19:45</b>    <b>Dinner</b></p> <p><b>20:00-21:45</b>    <b>Ilaria Franchi, Movement Medicine Teacher</b>  <b>Dancing as a Pathway of Hope and Creativity (see p. 3)</b></p>	

**TUESDAY  
JUNE 2**

7:15-7:45	<b>Meditation with Susanna Bucher</b>
7:30-9:00	<b>Breakfast</b>
9:00-10:15	<p><b>Brigitte Egger, Dr. sc. nat. ETH (L)</b>  <b>The Challenge of Hope as a Loving Faith in Life</b>          What is the essence of hope? Why are hope, faith and love theological virtues in Christianity? And what does the poet Dante say about them in the Paradise of his Divine Comedy? Is hope a road to the transcendent, to meaning, to transformation? Is it linked to our task in life, to the subtle body? Does a symbolic attitude help? Does biology offer inspiration or confirmation to hope? And then, how can we cultivate hope and outwit despair?</p>
10:15-10:45	<b>Coffee Break   Book Sales</b>
10:45-12:00	<p><b>Judith Savage, DPsy (L)</b>  <b>The Nature of the Thing with Feathers</b>          Emily Dickinson (1861) wrote “Hope is the thing with feathers that perches in the soul” promising the light of hope.          Max Porter’s (2015) bird poem was of a crow with “the rich smell of decay” and who’s mournful song shrieked “Grief is the thing with feathers.”          Porter’s cranky crow watches over two young boys who have lost their mother and their father who has lost his moorings. Cawing, squawking, forcing his cruel carnivorous beak into their broken lives, the Crow declares “I won’t leave until you don’t need me anymore.” What does Porter’s poem tell us about “the thing with feathers”?</p>
12:00	<p><b>All: Pick-up Your Box Lunch (whether you join an excursion, or not)</b></p>
<p><b>CHOICE Excursion</b></p>	<p><b>Option #1 • Train Ride through Rhine Gorge and Guided Tour of the Art Museum Chur (see p. 3)</b>          • Advance sign-up required          • Bus schedule subject to change  <b>12:35 Gather at the hotel main entrance to depart for the bus stop (3 min. walk)</b>          12:51 Bus &amp; train through Rhine Gorge to Chur          Guided Tour of the Art Museum Chur (1 hour)          Afterwards free time in Chur on your own          Dinner on your own (self-paid) in Chur          20:28 Bus back to Flims          Arrival at hotel approx. 21:15</p>
	<p><b>Option #2 • Hike Falera to Flims (see p. 3)</b>          • Bus schedule subject to change  <b>12:20 Gather at the hotel main entrance to depart for the bus stop (3 min. walk)</b>          12:36 Depart Bus to Falera          Hike Falera-Flims: easy to medium level, approx. 3 hours          Picnic en route          Return to hotel approx. 17:00          Dinner on your own (self-paid) at a restaurant in Flims</p>
<p><b>Dinner on Your Own (self-paid)</b>          Ask at hotel reception about restaurants in Flims, have dinner in Chur (if attending excursion #1) or reserve a table at the hotel.</p>	

**WEDNESDAY****JUNE 3**

7:15-7:45

7:30-9:00

**Meditation with Ilaria Franchi****Breakfast****Experiential Workshops • A Day of Immersion**

- Morning coffee break: time to be announced
- Lunch 12:15-13:15

**CHOICE 9:00-16:00**

- **Lena Måndotter, Singer/Song-Therapist**

***Letters to a Young Singer – A Film about Soul and Song and Psyche and Sound (L)***

The film is about the deep connection between song and soul and psyche and sound. It is a singer's journey in search of healing through dreams and myths in the archetypal worlds. It is set in the atmospheric Cretan mountains in Greece where Jungian analyst, singer and song-therapist Lena Måndotter lived for many years. The film is dedicated to the Greek mythological musician and shaman Orpheus who also inspired her new book, *The Song of the Soul - the Transpersonal Dimension of Psyche and Sound* (Chiron Publications). The main theme is that song can be medicine for body and soul.

***The Song of the Soul – a Voyage into the Imaginal Realm of Psyche and Sound (W)***

This is a journey into the artistic, therapeutic and transpersonal dimension of song and soul. No previous experience with singing is required. We will playfully explore psyche's landscape through creative vocal expression of sound, symbol, breath and movement. While releasing and reclaiming our own authentic voices, we deepen our knowledge of the psychological aspects of sound. We learn how to embody devoted attention and presence, and how to listen from a deeper place. To prepare for this workshop it might be inspiring to read Lena Måndotter's book *The Song of the Soul* (see above).

- **Katharina Casanova, lic. phil.**

***Ilisabe von Uslar, lic. phil. (L&W)******Dream of the Waking – Searching for Symbols of Hope***

In a general introductory part we will focus on the phenomenon of hope, delving into stories about hope prevailing in difficult times. With a guided imagination we will open the way for our own images to emerge and come to life as we work creatively with paint, clay and other artistic materials.

Art supplies will be provided – but feel free to also bring your own.

- **Deborah Egger-Biniores, MSW (L&W)**

***When Suffering Ushers in Hope: A Healing Perspective on Relationships in Analysis and Life***

An opportunity to explore the plight of inevitable suffering in human relationships and the important role this suffering has in soul-enhancing life and love.

**... to be continued**

<p><b>CHOICE</b>    <b>9:00-16:00</b></p>	<ul style="list-style-type: none"> <li>• <b>Katarzyna Wach, Mgr. Psych., Soc. Psych</b>  <b>Vulva Energy (L) (only for women)</b>  Revolution does not arrive gently. It comes as a rolling force – unstoppable, transformative – demanding surrender. Nothing remains the same: what was familiar dissolves, and a new order emerges. In this lecture, we will imagine revolution through the body of a woman, as both an inner and outer event that reshapes existence and opens the way to new being.</li> </ul> <p><b>Healing through Work with the Pelvic Floor: Center of a Woman’s Revolution (W) (only for women)</b>  The pelvic floor is a Sacred center of a woman’s body—a second heart, a portal to divine creativity and resilience. In this workshop, we will return to this center, the place where radical change begins. Through embodied exploration, we will discover how it equips us for transformation, expansion into greater compassion, and the courage to live from the truth of the body.</p> <p><i>Working with the pelvic floor can be a deeply intense and transformative experience. If you have a history of trauma, please ensure that you have adequate therapeutic support in place so that you can safely process any material that may become activated during the workshop.</i></p>	
<p><b>17:00-18:00</b></p>	<p><b>Temenos with Grazia Calzà &amp; Lisa Holland</b></p>	
<p><b>18:30-19:45</b></p>	<p><b>Dinner</b></p>	
<p><b>20:00-21:45</b></p>	<p><b>Ilaria Franchi, Movement Medicine Teacher</b>  <b>Dancing as a Pathway of Hope and Creativity (see p. 3)</b></p>	

When we suffer, we long for it to end.  
When we are in pain, time crawls. It also darkens and imprisons our imagination; consequently, we are unable to see beyond the suffering that plagues us.  
Often the greatest gift in such a situation is when someone manages to persuade the eyes of the heart to glimpse the vaguest brightening. Then the imagination takes hope from that, and constructs a path of light out of the darkness.  
Such endings offer great promise and bring us to the edge of new possibility.  
They are nascent beginnings.

John O'Donohue, *Benedictus: A Book Of Blessings*, 2007

But let your hope,  
which is your highest good and highest ability,  
lead the way and serve you as a guide in the world of darkness,  
since it is of like substance with the forms of that world.

C.G. Jung, *The Red Book*, 2009

**THURSDAY  
JUNE 4**

7:15-7:45  
7:30-9:00

Meditation with Isolde Kunerth  
Breakfast

- Experiential Workshops • A Day of Immersion**
- Morning coffee break: time to be announced
  - Lunch 12:15-13:15

**The first three workshops are repetitions of those offered on Wednesday. The fourth workshop – by Nancy van den Berg Cook – is offered exclusively on Thursday.**

CHOICE 9:00-16:00

- **Lena Måndotter, Singer/Song-Therapist**  
*Letters to a Young Singer – A Film about Soul and Song and Psyche and Sound (L)*  
The Song of the Soul – a Voyage into the Imaginal Realm of Psyche and Sound (W)
- **Katharina Casanova, lic. phil.**  
**Ilisabe von Uslar, lic. phil. (L&W)**  
Dream of the Waking – Searching for Symbols of Hope
- **Deborah Egger-Biniore, MSW (L&W)**  
When Suffering Ushers in Hope: A Healing Perspective on Relationships in Analysis and Life
- **Nancy van den Berg Cook, PhD, PsyD (L&W)**  
**Our Creative Imagination that “Begets a New Star:”\***  
**Where Artificial Intelligence Can Never Go**  
At the core of all of Jung’s discoveries is his insight that our spontaneous imagination – in all its forms, including dreams – is the primary healing ‘machine’ in our psyche. Psychological healing and transformation are driven by the organic Self function, and the tool it uses is our imagination.  
Will AI replace what humans create? No! AI can never replicate what we make because the creative unconscious and what it makes actually promote psychological growth and healing.  
We will learn how imagination works in healing and also experience how our own imagination weaves and synthesizes new ways of being.  
\* Quote: *Paracelsus*

16:15

**Hike to the Viewing Platform “Il Spir” (see p. 4)**  
Return approx. 19:15

17:00-18:00

**ISAP Candidate Research**  
ISAP candidates will briefly present their current research in Analytical Psychology with time for questions and discussion.

**Dinner on Your Own (self-paid)**

Ask at hotel reception about restaurants in Flims or reserve a table at the hotel.

20:30-21:45

**Maria Anna Bernasconi, lic. phil.**  
**Finding Hope in Old Folktales (see p. 4)**

**FRIDAY  
JUNE 5**

7:15-7:45	<b>Meditation with Ilsabe von Uslar</b>
7:30-9:00	<b>Breakfast</b>
9:00-10:15	<p><b>Kathrin Schaeppi, MS, MFA (L)</b>  <b>Archetype of Hope: The Sun and Stars Will Return Again. Ancient Wisdom of the Megalithic Park La Mutta, Falera</b>            Across time, humans have sought meaning in forces beyond their control. The Bronze Age site at Parc La Mutta, aligned with the sun and stars, reveals humanity’s archetypal bond with the cosmos. These stones embody collective aspirations for renewal, fertility, and transcendence, reflecting patterns deeply rooted in the collective unconscious. Exploring their secrets invites us to rediscover ancient wisdom that still speaks to our modern search for balance and connection.</p>
10:15-10:45	<b>Coffee Break   Book Sales</b>
10:45-12:00	<p><b>Peter Ammann, Dr. phil. (L)</b>  <b>The Mountain that turned into a Cathedral: Religious Dreams of an Unbeliever</b>            This lecture tells the story of an unbeliever whose dreams turned religious. Harald Pager (1923–1985), born in German Sudetenland, served during WW II as a tank soldier in the German army invading Russia. After the war he became a graphic designer and in 1955 emigrated to his “land of hope,” South Africa, where he dedicated his life to document the rock art of the Bushpeople, testimony of their “imagination.” This enormous work of documentation he considered “the great task of his life.” But the “imagination” of his dreams tells us another story: his “real task” points to a religious quest.</p>
12:00-12:15	<b>Break</b>
12:15-13:00	<b>Grazia Calzà &amp; Lisa Holland (S)</b> <b>Reflections on the Week</b>
13:00-14:00	<b>Lunch</b>
14:20-17:30	<p><b>Special Offer • Guided Tour of the Megalithic “Parc La Mutta” with Kathrin Schaeppi (see p. 4)</b></p> <p><b>Group with Hike</b>            14:20 Gather at the hotel main entrance. Return approx. 17:45</p> <p><b>Group without Hike</b>            15:20 Gather at the hotel main entrance. Return approx. 17:30</p>
18:30-24:00	<p><b>Gala Closing</b>            18:30-19:00 • Apéro            19:00-24:00 • Gala Dinner</p>

<b>SATURDAY June 6</b>	7:00-8:00	<b>Hotel Check-Out &amp; Breakfast</b>
	8:00	<b>Bus Check-in</b>
	8:30	<b>Bus Departs for Zurich</b>
	10:45	<b>Approximate drop-off at Zurich Airport, Departures</b>
	11:15	<b>Approximate arrival at the Zurich Bus Station</b>

## Your Stay in Zurich

For your connecting overnights in Zurich – and/or for your stay during the Prelude – we suggest the hotels below. All are centrally located, within walking distance of the main train station and bus station, and close to public transportation. All serve breakfast and have free wireless LAN. For other convenient options, see: <https://isapzurich.com/en/about/directions/>

**Fred Hotel Zurich Hauptbahnhof \*\*\*** • Limmatstrasse 5, 8005 Zurich, *directly opposite the bus station*  
<https://fredhotels.ch/en/fred-hotel-zurich-hauptbahnhof/>

**Hotel Montana \*\*\*** • Konradstrasse 39, 8005 Zurich  
<https://hotelmontana-zurich.com/en>

**Hotel Bristol \*\*\*** • Stampfenbachstrasse 34, 8006 Zurich  
<https://www.hotelbristol.ch/en>

**Hotel Arlette \*\*** • Stampfenbachstrasse 26, 8001 Zurich  
<https://www.hotelarlette.ch>

**Hotel Limmathof \*\*** • Limmatquai 142, 8001 Zurich  
<https://limmathof.com>

## Group Travel Information

Saturday, May 30 • Bus • Zurich to Flims



### The Zurich Bus Station (CarPark Ausstellungsstrasse)

- **Car/Taxi Entry:** Ausstellungsstrasse 15, 8005 Zurich
- **Pedestrian Entry:** Opposite Starbucks and Fred Hotel on Limmatstrasse 5, 8005 Zurich
- **8:45 AM check-in & luggage loading.** Look for a white bus marked “Kopf”, or find us in or near the covered seating area.
- **9:15 AM departure**

The above photo shows the *pedestrian entry* to the bus station, opposite Starbucks and Fred Hotel. It is but a short walk from the Zurich Main Train Station and Hotel Montana. The same entry can be reached on tram #17, #50, or #51. Get out at Sihlquai/HB; walk approx. 3 minutes.

## Prelude • May 26-29, 2026

Consider coming early to Zurich, to attend the ISAP Prelude on your way to the Odyssey! This is a chance to experience our on-campus life and historically protected home, the erstwhile post office built in 1911, with an Art Nouveau design. At this occasion you are welcome to:

- **Attend the 3-day academic program**  
with a package discount for registered JO attendees
- **Join our spring semester excursion**  
“C.G. Jung – The Basel Years: A Walking Tour”; at cost; separate registration required
- **Celebrate with us**  
Semester closing with music, wine, and generous appetizers (Apéro riche)—no cost
- **Attend analysis or supervision**  
Costs and payment methods vary according to the analyst.  
To arrange appointments, consult our List of Analysts, or send an online request to our Counseling Service.  
Kindly make appointments with the Counseling Service and individual analysts well ahead of your arrival.

**Attendance of the Prelude requires separate registration and payment directly with ISAP:**

### Prelude Details & Registration

Registered JO attendees receive a discount code to register for the entire package of Prelude lectures.

## Jungian Odyssey Committee

[info@jungianodyssey.com](mailto:info@jungianodyssey.com)

### Academic Co-Chairs

Maria Grazia Calzà, Dr. phil.  
Lisa M. Holland, MS

### Committee Co-Chairs

Susanna Bucher, Dr. sc. nat. ETH  
Isolde Kunerth, Dipl.-Päd.

## Photo Albums & Programs

To view photos and programs of Jungian Odysseys dating back to the first, in 2006, click on the link below:

### Jungian Odyssey Archives

We heartily thank the volunteer ISAP students who photograph the Odyssey from year to year.



## Presenters' Biographies

**KEY Asterisk (\*) = Analyst/Member of the Faculty, ISAPZURICH (ISAP)**  
**AGAP = International Association of Graduates in Analytical Psychology (founder of ISAP)**  
**CGJI-ZH = C.G. Jung Institute Zurich, Küsnacht**  
**IAAP = International Association for Analytical Psychology**  
**JOS = Jungian Odyssey Series, Published by Spring Journal and Books**

### GUEST SPEAKERS

**Daniela Boccassini, PhD** is Professor of Romance Studies at the University of British Columbia in Vancouver, Canada. Her interests focus on Dante studies, medieval and Renaissance literature, Jungian psychology and the relationships between the sacred, myth, spirituality and ecological thought. Among her books: *Il volo della mente. Falconeria e sofia nel mondo mediterraneo (The Soaring of the Mind: Falconry and Wisdom in the Mediterranean World, 2003, 2023)*, *Oikosofia: From the intelligence of the heart to eco-philosophy (2018)*, *Via nova: Emergences of the Beyond from Lascaux to today (2022)*.

**Joseph Cambray, PhD** is past-President-CEO of Pacifica Graduate Institute, past-President of the International Association for Analytical Psychology and has served as the U.S. Editor for the *Journal of Analytical Psychology*, and is on several editorial boards. He was a faculty member at Harvard Medical School in the Department of Psychiatry, Center for Psychoanalytic Studies. He has published numerous articles, book chapters, edited volumes as well as his Fay Lectures, *Synchronicity: Nature and Psyche in an Interconnected Universe*. He lectures and gives workshops internationally. Dr. Cambray is also a Jungian analyst living in the Santa Barbara area of California. Email: cambray@earthlink.net

**Catherine Cox, BA** is a Jungian Analyst (BJAA (bpf)/WMIP) working in private practice in London. Her early background in theology, pastoral theology (Jesuit-affiliated Heythrop College at the University of London) and ministry (inner city parish and prison chaplaincy) gave way to her career as a lawyer in an international law firm, before the two opposites came together in her vocation as an analyst. Her training in Sensorimotor Psychotherapy, with its neuroscientifically-informed techniques, opened the door to working with the body, whilst *The Red Book* nurtured the spiritual dimension. Catherine's passion for community and her interest in inter-generational trauma (especially what Jung perceived as the "lament of the dead") are currently reflected in her work with the #With-Ukrainian Jungians project.

### FACULTY\* & FRIENDS, ISAPZURICH

**Peter Ammann, Dr. phil.\*** studied music (cello) and musicology. He later trained at the CGJI-ZH and is now a training analyst, supervisor, and lecturer at ISAP, maintaining his private practice in Zurich. He has lectured internationally. Peter is an avid documentary filmmaker, having discovered this path in the 1960's after apprenticing in Rome with Federico Fellini. Among his documentaries are: *Hlonipa: Journey into Wilderness; Sandplay with Dora Kalf; Spirits of the Rocks, and Mabi's Feast: Sangomas Celebrating San*. His most recent films, released in 2022, are recordings of anniversary lectures held at ISAP and/or CGJI-ZH: "*What My Power Figures Tell Me [...]*" and *A Visit to Jung—Revisited*.

**Maria Anna Bernasconi, lic. phil.\*** is a psychologist and Jungian analyst since 2004. Working as a Training and Supervising analyst at ISAP, she has practiced as a psychotherapist since 2000. Maria has extensive experience with psychiatric patients, additional training in expressive arts therapy, trainings in Christian contemplation and Buddhist meditation, and wrote her thesis on the folktales of the dead of Valais. Her interests include European folklore, Ethnology, Anthropology, the arts, and women's spirituality. In addition to her work as a psychotherapist, Maria creates visual art and writes poetry.

**Dr. Richard Blennerhassett, MB, FRCPI, FRCPsych** is a Consultant Psychiatrist in private practice in Dublin. He graduated from University College Dublin (1984) and completed post-graduate studies in General Medicine. Drawn to the theories of C.G. Jung, he trained as a psychiatrist in Dublin and the U.K. He is a former Clinical Director of Saint Ita's Hospital, Dublin and Saint John of God Hospital, Dublin. The insights of Analytical Psychology have shaped his clinical practice and he has, over the years, given lectures and workshops in Dublin and at ISAP. His passion for cinema has fueled his research on the films of Alfred Hitchcock, which he has presented at film conferences celebrating his work.

**Katharina Casanova, lic. phil.\*** clinical psychologist and Jungian analyst, received her diploma in Analytical Psychology from CGJI-ZH in 2001. She works at ISAP and CGJI-ZH as an analyst, supervisor, and lecturer, and conducts her private practice in Zurich. Her main interests are dreams, picture interpretation, theory of complexes, and history of religion.

**Brigitte Egger, Dr. sc. nat. ETH\*** is passionate about nature and how soul roots in it. She sees the environmental crisis as a soul crisis, as a call to restore a mystic relationship to nature, place, and past. To find answers she explores the psychic and symbolic dimensions of collective issues and works at introducing this perspective into practical environment protection, thus building up the field of psychecology. She is interested in creativity at large and in lively ways to communicate depth psychological insights. She is an ecologist (Dr. sc. nat. ETH) as well as a Jungian training and supervising analyst at ISAP with a private practice in Zurich.

**Deborah Egger-Biniore, MSW\*** is a training and supervising analyst at ISAP and one of the school's founders. She holds a BA in Religion and Psychology, an MSW in Clinical Social Work, and received her diploma in Analytical Psychology from CGJI-ZH in 1990. She teaches regularly on the subjects of transference phenomenon, developmental psychology, and attachment theory and its interface with the intersubjective motivational system. Among her publications are "Trust and Betrayal in Adult Relationships" (JOS Vol. III, 2011) and "What is Wrong with Anima/Animus? [...]" (JOS Vol. I, 2009). Maintaining her private practice in Stäfa, she has served as ISAP President since 2016. As a past president of AGAP, she served on the IAAP ExCo. She has two grown children and holds American and Swiss citizenship.

**Ilaria Franchi** is a Movement Medicine Teacher and a Focusing Practitioner, living in northern Italy. Based on her personal family story of loss and disconnection from the body, her main focus is on strengthening connection with the life force that is inherent in every human being. She discovered the transformative power of free dance 18 years ago and that led to a lifelong journey of self-discovery and growth. She leads group workshops and individual sessions online and in person, as well as outdoor projects. She has offered seminars to students at the University of Verona, Department of Educational Science, and in other social contexts. She is also trained in offering Movement Medicine to people who have experienced grief and loss.

**Allan Guggenbühl, Dr. phil.\*** is the son of the Swiss psychiatrist and Jungian analyst Adolf Guggenbühl Craig and the Scottish artist and folk singer Anne Craig. He spent his childhood in Omaha, USA and Zurich, Switzerland. An avid guitarist, he taught music in various Swiss schools and later received his doctoral degree in Psychology and Education from the University of Zurich. He served as a school psychologist in Frick before becoming Director of the Dept. of Group Therapy at the Educational Counseling Center in Bern (1987–2017) and Professor of Education at the University of Zurich (1997–2017). Since 1997 he has been the Director of the Institute for Conflict Management and Mythodrama in Zurich ([www.ikm.ch](http://www.ikm.ch)). Guggenbühl has authored several books and articles and is well known as a specialist in conflict management and youth issues. He conducts a private practice in Zurich. [www.allanguggenbuehl.com](http://www.allanguggenbuehl.com)

**Scott William Hyder, lic. phil.\*** originally from Idaho (USA), completed his training in Analytical Psychology at the CGJI-ZH, and teaches there as well as at ISAP, where he is a training analyst. From 2014-2022, he served as a member of the AGAP ExCo. He would like to work with others to develop and promote sustainable models, offering holistic attitudes and practices in relation to collective dynamics of economy, education, and environment. He conducts his private analytic practice in Zurich with his wife, Heike Weis Hyder (psychiatrist and Jungian analyst).

**Elia Khalaf, PhD, LMHC, ATR-BC** (he/they) is a professor, board-certified art therapist, psychotherapist, and scholar. As an Arab-American immigrant, and queer artist, Dr. Khalaf positions their practice and research at the intersections of wellness and social justice, Eastern wisdom and Western science, and art and mental health. They hold a PhD in Counseling Education and Supervision from Oregon State University. Dr. Khalaf earned their MA in Art Therapy with a focus on clinical psychology at New York University. They apply a variety of tools including art therapies, mindfulness, somatic practices, nature-based therapy, and EMDR to support BIPOC and LGBTQIA+ communities and empower emerging therapists.

**Lena Måndotter, Singer/Song-Therapist,\*** born in 1959, graduated from ISAP in 2022. She is a Swedish singer and song-therapist (dipl. RSA London), who is also involved in the worlds of film, music, poetry, painting, photography, and Marion Woodman's BodySoul Rhythms®. Her film, "*Letters to a Young Singer*," was shot in the Cretan mountains of Greece, where

Lena lived for many years. She has published several books, exhibited her photography, released a series of music albums, and has toured nationally and internationally since 1990. For more than 25 years, she has offered workshops and individual sessions in song-therapy, focusing on the spiritual and therapeutic aspects of sound and psyche, song and soul. She has taught at The Royal Academy of Music in Stockholm and in a number of different Jungian settings. <https://lenamandotter.com/bio.html>

**Bernard Sartorius, lic. theol.\*** received his degree in theology from University of Geneva in 1965 and worked for several years as a protestant minister, first in a parish and then in youth work. He graduated from CGJI-ZH in 1974, maintaining his private analytical practice first in Geneva, and since 1997 in Lucerne and Zurich. He is a training analyst and supervisor at ISAP. Among his publications are the essays, "Failure is the End" (JOS Vol. VII, 2015); "The Silence of 'God'" (JOS Vol. VI, 2014); "La Mecque où/ou on meurt," in *Vouivre, Cahiers de psychologie analytique, Pèlerinages*, Numéro 11, 2011; and his book on the Orthodox Church, *L'Eglise orthodoxe, Grandes religions du monde, Vol. 10* (Edito-Service, 1982).

**Judith Savage, DPsy.\*** completed her post-graduate studies in Analytical Psychology at the CGJI-ZH and the Interregional Society of Jungian Analysts (IRSJA) in 1987. As a long-time IRSJA member, she served on its Training Committee, and on its ExCo as secretary and vice-president. She lectures internationally at Jungian training associations and is on the faculty of the Minnesota-based Prairie Care Psychiatric Hospital Mentorship Program. She is the author of *Mourning Unlived Lives: A Psychological Study of Childbearing Loss*, Chiron Monograph Series Vol. III (1989/2013) as well as several articles in analytic journals. She is co-president of AGAP and a faculty member at ISAP. She is in private practice with her husband John Desteian in St. Paul, Minnesota (Psychoanalytic Consultants).

**Kathrin Schaepfi, MS, MFA,\*** born in Basel, grew up in the outskirts of Boston and earned her Masters' degrees studying in California, Vermont, and Ticino. She graduated from ISAP in 2017, where she now serves as chair of the Pictures Dept. and co-chair of the Picture Collection. She is a previous co-chair of the Jungian Odyssey Committee and is co-initiator of the Embodied Jung Conference, held for the first time in 2021. She conducts her private psychotherapy practice in Basel, drawing on her experience in group facilitation and the expressive arts (movement, creative writing, voice).

**Murray Stein, PhD.\*** is ISAP training analyst and supervisor, served previously as ISAP's co-president and president of the IAAP. His published works include the essay, "On Synchronizing Time and Eternity," in *International Journal of Jungian Studies* (Taylor and Francis Online, Oct. 2015). His many book publications include *In Midlife: A Jungian Perspective* (Chiron, 2014); *Minding the Self: Jungian Meditations on Contemporary Spirituality* (Routledge, 2014); and re-published in 2018: *The Principle of Individuation* (Chiron); and *Practicing Wholeness* (Chiron). With Steve Buser he is co-editor of the *Zurich Lecture Series in Analytical Psychology* (Chiron), which is published following the weekend lecture series co-hosted each autumn by Chiron and ISAP.

**Nancy van den Berg Cook, PhD, PsyD.\*** is a Jungian analyst and clinical psychologist with 27 years of private practice in the Netherlands. She was a bio-med research scientist with a PhD from University of California Berkeley, when she decided to change careers to become a Jungian analyst. After many years of study and re-training she was certified by the IAAP in 2004, then continued to earn a PhD in psychology. For 8 years she was president of the former Netherlands Association of Jungian Analysts. She has written articles on archetypal cultural movements and teaches a variety of Jungian subjects for both the general public and Jungian training institutes, including ISAP.

**Ilsabe von Uslar, lic. phil.\*** is a clinical psychologist and Jungian analyst. She received her diploma in Analytical Psychology from CGJI-ZH in 1996. She is an analyst, supervisor, and lecturer at ISAP and maintains her private practice in Zurich. Her main interests are dreams, imaginative techniques and trance induction, picture interpretation, and theory of complexes.

**Katarzyna Wach, Mgr. Psych., Soc. Psych.\*** is a psychotherapist, Jungian analyst, and founder of *Trust Your Center* ([www.trustyourcenter.ch](http://www.trustyourcenter.ch)), a revelatory journey for women. Based in Zurich, she maintains a private practice while teaching and learning from students across both Eastern and non-Eastern cultures. Her lectures and seminars for psychotherapists and analytical psychologists take the form of interactive dialogues that integrate myth and bodywork. Katarzyna's work challenges the dominant narrative in which the feminine body and psyche are defined primarily by wounding. Instead, she invites practitioners to honor the feminine voice, foster healing, and cultivate a more balanced, inclusive, and regenerative cultural narrative within analytical work.

**Heike Weis Hyder, Dr. med.\*** FMH Psychiatry/Psychotherapy, is a training analyst at ISAPZURICH with a private practice in Zurich. She received her doctorate in medicine at the Johann-Wolfgang-Goethe-University of Frankfurt and Aachen, Germany (1980-1987); specialization in psychiatry through 1993 at Université Libre de Bruxelles, Belgium; simultaneous training analysis with focus on C.G. Jung, graduating as training analyst at Charles

Baudouin Institut\* (Brussels/Geneva) 2005 (\* transdisciplinary approaches to psychology and science). 1993: moved to Zurich to study at the C.G. Jung-Institute, graduating in 2002, diploma thesis: *Humility as Bridge to the Self – The Meaning of Humility in Relation To C.G. Jung, Meister Eckhart and Jakob Böhme*. Worked simultaneously at Sanatorium Kilchberg, a psychiatric clinic, integrating Analytical Psychology into psychiatry through daily psychotherapy. Since 2004, participant and training analyst of ISAP. Since 2006, private practice in Zurich. Through the years, multiple lectures in different countries, focusing on psychodynamic aspects in clinical case studies and the *Red Book*. Ongoing interest in resonance between neuroscience discoveries and depth psychology. Deepening lessons in humility and resonance with life through rides in the forest above Lake Zurich with her horse, Apache. [www.weishyder.ch](http://www.weishyder.ch), [heike.weis@sunrise.ch](mailto:heike.weis@sunrise.ch)

**Penelope Yungblut, MA,\*** ISAP training analyst, is a graduate of Harvard College, the Guild for Spiritual Guidance, and CGJI-ZH, and conducts her private practice in the USA. She offers lectures, seminars, and workshops at ISAP, focusing on the journey to the Self; healing emotional wounds; discovering the transformative potential of active imagination; working with dreams and images; deepening one's sense of self and agency; and living a creative life. She aspires to integrate recent ideas from other schools of thought with Jungian understanding. She is the director of the non-profit Touchstone, Inc. which serves those who aspire to respond to what lies deepest within, to find purpose and meaning, and to become more authentic and alive.

## JUNGIAN ODYSSEY COMMITTEE

**Susanna Bucher, Dr. sc. nat. ETH.\*** is an environmental scientist, graduated from ISAP in 2019. She has a private analytic practice in Zurich, while also serving on ISAP's Jungian Odyssey and Program Committees. Susanna offers lectures and seminars at ISAP and elsewhere. In 2022, she published two articles in the *Journal of Analytical Psychology* (#67/5), including "The Spiral of Plastic Pollution: A Compensatory Urge from the Collective Unconscious for an Ecological-Psychological Transformation of Civilization." She is a board member of the Zurich-based charitable foundation, Sustainability in Agriculture, Health, Education and Environment (*sahee*). Her interests include development cooperation, ecology, nature, music, and mysticism.

**Maria Grazia Calzà, Dr. phil.\*** grew up under the olive trees of northern Italy. Before earning her diploma at ISAP (2017), she received her PhD in Medieval History, Theology, and Psychology at the Albert-Ludwigs-Universität in Freiburg (DE). She authored a book on the role of the body in the mysticism of Marie d'Oignies, the first Beguine, and has published various articles (e.g., "The Thinking Heart: The Individuation Process in Late Medieval Mystic Women," in *Jung Journal Culture & Psyche*, 10:3, 3-14, 2016). Grazia lectures internationally and conducts her private practice on Lake Garda, Italy, working as a Jungian analyst and philosophical/existential counselor.

**Lisa M. Holland, MS,\*** a licensed clinical counselor and Jungian analyst, graduated from ISAP in 2014. She trained in mindfulness-based somatic psychotherapy, and practices and consults on the Central Coast of California. More recently, Lisa has incorporated neurofeedback into her practice to support physiological regulation, thereby supporting clients' availability to analytic work. Her areas of interest include trauma recovery, creativity, embodiment, and group process. She delights in the study of fairy tales, regularly teaches at ISAP, presents at various international conferences, and gratefully spends several months a year in Italy. [www.lisahollandtherapy.com](http://www.lisahollandtherapy.com)

**Isolde Kunerth, Dipl.-Päd.,\*** originally studied graphic design. She graduated from ISAP in 2014 and is licensed in Switzerland for the practice of Psychological Psychotherapy. As a licensed Child and Adolescent Psychotherapist (Germany), she works with children and their families in the educational and therapeutic fields. She also received training in dance/movement therapy, psychodrama, sandplay, expressive painting, and meditation. Isolde currently lives in Tübingen, Germany.

Hope refers

to the openness of the future;  
as a response to the openness of the future  
it is an alternative to anxiety.

If we are to overcome our anxiety  
in the face of the future,  
we must depend in the end on hope.

Verena Kast, *Joy, Inspiration, and Hope*, 1991

## The International School of Analytical Psychology Zurich

was founded in 2004 by AGAP, the Association of Graduates in Analytical Psychology. AGAP is an international, Swiss-domiciled professional association, itself founded in 1954. To date its members number nearly 400 worldwide. AGAP is a charter member of the International Association for Analytical Psychology (IAAP) and is accredited as an IAAP Training Group.

To date, ISAP is the only IAAP-accredited institute offering full-time analytic training that incorporates every year two full semesters (each 12 – 14 weeks) of lectures and seminars. We adhere to Jung's interdisciplinary outlook by admitting candidates with advanced degrees in any field of study. All graduates of the analytic program are eligible to apply for membership in AGAP and the IAAP.

ISAP's faculty members, guest instructors, and trainees from around the world enrich the program with their diverse professional and cultural backgrounds. Lectures and seminars are held in English and German. Training analysis and supervision are conducted in a many other languages as well.



**Community Outreach** ISAP reaches out by opening to the general public its regular lectures and special programs such as the *Jungian Odyssey*, the *Zurich Lecture Series*, *Jungian Keynotes*; and the *Jungian Odyssey Prelude*. Selected lectures and special programs are also available to a world-wide audience via Zoom. For more information, see <https://www.isapzurich.com/en/public-programs>. These and other continuing education programs are designed for general interest, as well as for professionals within and outside of the field of psychology. Our Counseling Service holds confidential, cost-free consultations leading to referrals for analysis, psychotherapy, or counseling in many different languages and at reasonable rates.

**Become a Donor** To continue flourishing, ISAP relies on the support of friends. Donations and legacy bequests made through AGAP are exempt from general communal, cantonal, and federal tax in Switzerland. Donations and legacy bequests made through JITZ—the Foundation for Jungian International Training Zurich—are eligible for tax exemption in the USA. To find out about our special projects and needs and how to donate, contact: [treasurer@isapzurich.com](mailto:treasurer@isapzurich.com) -or- [president@isapzurich.com](mailto:president@isapzurich.com)

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- Initial consultation cost free
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T: +41 (043) 344 00 66

### ISAP ZÜRICH Public Lectures on-site and on ZOOM

Each semester, ISAP offers a variety of public courses on-site and some of them also on Zoom. Check for the lectures currently on offer at <https://www.isapzurich.com/en/public-programs>

### ISAP Library Open to the Public

Over 5,600 items • For borrowing privileges, apply in person at the library. Bring proof of your identity and Swiss address, CHF 50 annual user fee, and CHF 100 refundable deposit.

- Contact: [library@isapzurich.com](mailto:library@isapzurich.com)

### ISAP Digital Video Archive Lectures by ISAP Analysts to Rent or Buy

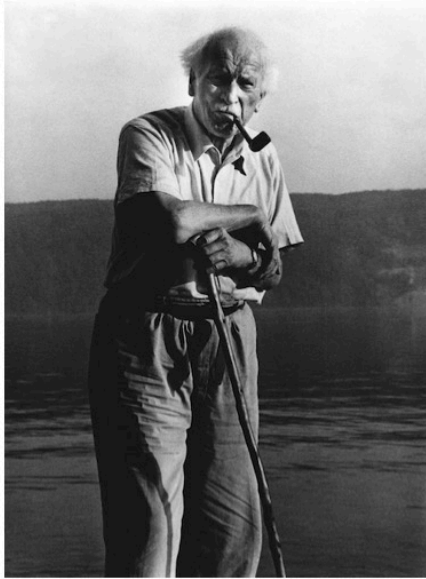
See the current collection at [isapzurich.com/en/library/video-recordings](https://www.isapzurich.com/en/library/video-recordings)

## The Jungian Odyssey Series, Volumes I-VII



Published by Springer Journal and Books (2009-2016)

Available at the ISAP Library and some online bookstores



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Register and pay via our website or cash at the door  
Stampfenbachstr. 115, 8006 Zürich  
Tram 17, 50 or 51 to Beckenhof  
*On-site & on Zoom – check [www.isapzurich.com](http://www.isapzurich.com) for Zoom pricing and up-to-date information.*

## Jungian Keynotes • Spring 2026

In-depth explorations of key aspects of Analytical Psychology

## The Relationship between Ego and Self

- |                   |                                                                                                                                                                                           |
|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Tue, 3 Mar</b> | <b>Andrew Fellows, PhD</b><br>13:00–14:45 08 01   The Stages of Life: Individual and Collective                                                                                           |
|                   | 15:00–16:45 <b>Judith Savage, DPsy</b><br>09 02   The Divine Spark: How Psychic Energy Becomes Symbol                                                                                     |
| <b>Wed, 4 Mar</b> | <b>Nancy Krieger, PhD</b><br>13:00–14:45 01 03   Jung: From the Bottom Up                                                                                                                 |
|                   | 15:00–16:45 <b>Yuriko Sato, MD</b><br>01 04   What is “I”?                                                                                                                                |
| <b>Thu, 5 Mar</b> | <b>Penelope Yungblut, MA</b><br>13:00–14:45 01 05   Foundational Steps in the Unfolding of the Ego-Self Relationship                                                                      |
|                   | 15:00–16:45 <b>Lisa Holland, MS</b><br>12 07   The Dance of the Ego and Self in the Analysis                                                                                              |
| <b>Fri, 6 Mar</b> | <b>Paul Brutsche, Dr. phil.</b><br>13:00–14:45 04 08   The Relationship between Ego and Self as Expressed in Pictures: Studying Paintings of Analysands in Reference to the Ego-Self Axis |
|                   | 15:00–16:45 <b>Ursula Wirtz, Dr. phil.</b><br>11 09   Wisdom’s Roots: Exploring the Ego-Self Connection                                                                                   |



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# Information Day • Spring 2026



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**Tuesday, 24 March**  
~~12:00–13:30~~ & 18:00–19:30\*

*Live on Zoom only!*  
Registration via  
our website

## Learn more about the training programs in Analytical Psychology at ISAPZURICH

### International Program (Full or Part Residency)

The International Diploma is recognised by the International Association of Analytical Psychology (IAAP)

Other than full training programs, ISAP offers:

- Certificate Program in the Fundamental Theory of Analytical Psychology
- Public lectures, open seminars, and special events

\* *The mid-day Information Day session has been cancelled. We invite you to attend the evening session at 18:00 Zurich time.*

**Dienstag, 24. März**  
~~12:00–13:30~~ & 18:00–19:30\*

*Nur auf Zoom!*  
Anmeldung über  
unsere Website

## Erfahren Sie mehr über die Ausbildungsprogramme in Analytischer Psychologie am ISAPZURICH

### Internationales Programm (Voll- oder Teilresidenz)

Das Internationale Diplom ist von der Internationalen Vereinigung für Analytische Psychologie (IAAP) anerkannt.

Neben den vollständigen Ausbildungsprogrammen bietet ISAP:

- Zertifikat Theoretische Grundlagen in Analytischer Psychologie
- Öffentliche Vorträge, offene Seminare und Sonderveranstaltungen

\* *Die mittägliche Session des Informationstages wurde abgesagt. Wir laden Sie ein, an der abendlichen Session um 18:00 Uhr Zürcher Zeit teilzunehmen.*

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The Prelude offers three rich days of lectures, an excursion and participation in ISAP's graduation ceremony just before the start of the Jungian Odyssey — a special time for Odyssey guests to experience time at ISAP in Zurich before leaving for the Jungian Odyssey.

## A Festive Prelude

<b>Tue, 26 May</b>	<b>Heike Weis Hyder, FMH Psychiatrie/Psychotherapie</b> 10 60   Living in Resonance with the Soul – Visions in the <i>Red Book</i> of C.G. Jung in Connection with a Clinical Case Study of Severe Trauma [Part 1 of 2]
10:00–11:45	
	13:00–14:45 Part 2 of above lecture
15:00–16:45	<b>Dariane Pictet, Ad. Dip. Ex. Psych</b> 06 61   A Journey into the “Hell Realms” with Kali, Ereshkigal and Baba Yaga
<b>Wed, 27 May</b>	<b>Excursion: C.G. Jung – The Basel Years: A Walking Tour*</b>
8:45–18:00	
<b>Thu, 28 May</b>	<b>Maria Anna Bernasconi, lic. phil.</b> 05 63   New Animism and Jungian Psychology
10:00–11:45	
13:00–14:45	<b>Peter Ammann, Dr. phil.</b> 02 64   Crossroad Dreams: Signposts towards Identity and Individuation
<b>Fri, 29 May</b>	<b>Marco Della Chiesa, lic. phil.</b> 12 65   Dignity – A Core Value: Dignity in Therapy and Dignity Therapy
10:00–11:45	
13:00–14:45	<b>Peter Ammann, Dr. phil.</b> 05 66   “Spirits of the Rocks” – Showing and Discussion of my Documentary Film
17:00	<b>Graduation &amp; Apéro</b>



\* Excursion information: Limited attendance  
 Registration via ISAP website; use QR code →  
 Registration deadline 17.05.26 • Travel costs not included



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# Spring Excursion • 2026

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## C.G. Jung – The Basel Years: A Walking Tour

**Wednesday, 27 May • 8:45–18:00 (or later)**



A walking tour led by ISAP analyst Kathrin Schaeppi

Duration: 10:00–16:00

Bring your own bag lunch or register for self-paid restaurant lunch.  
Expect to take a train back to Zürich around 17:06 or 17:33 or stay longer in Basel individually.

***Limited Attendance!***

Please register using the QR code to reach the event webpage or via this link: [www.isapzurich.com/qr/spring-excursion](http://www.isapzurich.com/qr/spring-excursion)

**Registration deadline 17 May 2026**

Costs: CHF 40, to be paid upon registration

Meeting time: Wednesday 27 May at 8:45

Meeting place: Zürich main train station, below the Niki de Saint Phalle angel in the main entrance hall

Bring a water bottle, snack, lunch and wear good walking shoes.

More detailed information will be sent upon registration.



Please buy your own train ticket to Basel, including a City Ticket, in advance.

• 8:59 DEPARTURE Zürich Hauptbahnhof (main station)

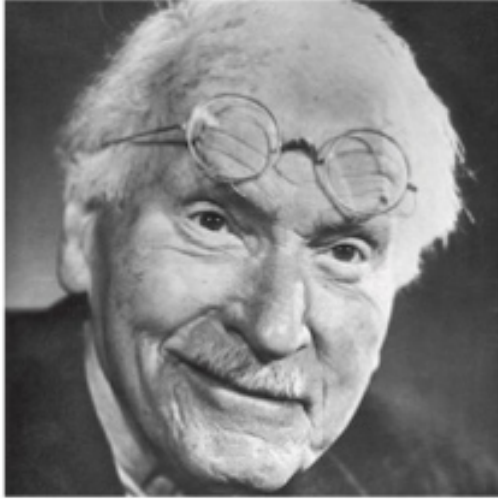
• 9:50 ARRIVAL in Basel SBB Hauptbahnhof

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# C.G. Jung 65th Memorial Day • 65. Gedenktag



Lecture & Apéro  
Saturday, 6 June 2026

Vortrag & Apéro  
Samstag, 6. Juni 2026

18:00–19:30 Uhr  
Entry gratis • Eintritt frei

## Ursula Brasch, MA

### Jung's Ego Concept and the Confucian Concept of "the Superior Person": a Cross-Cultural Reflection

Vortrag in englischer Sprache • schriftliche Zusammenfassung auf Deutsch

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