The 18th Jungian Odyssey Annual Conference & Retreat



The exiled or dark feminine can be described to be that locus within psyche, that takes us down to the cave of destruction, despair and death, yet unveils herself as the source of solace, fecundity, even rebirth. She reveals herself through the warrior goddesses Kali and Morrigan, the scorned, owl-footed Lilith. She resides in the revered Black Madonnas and the vengeful witches of fairy tales. We are called to explore this wild, at times desolate territory and to discover, honor and integrate this powerful archetype, relevant to women and men. Maligned and dismissed throughout millennia of domination of spirit over matter, logic over feeling, she is now erupting within us individually and calling out to us collectively. She demands a more conscious recognition of and engagement with her balancing remedy, in service of a healthier inner and outer ecology.

"When you see your matter going black, rejoice: for that is the beginning of the work."

* Alchemical manuscript, cited by C.G. Jung, CW 14, §729, n. 182

ISAPZURICH

INTERNATIONAL SCHOOL OF ANALYTICAL PSYCHOLOGY ZURICH AGAP POST-GRADUATE JUNGIAN TRAINING

"Dark I am, yet lovely."

Embracing the Exiled Feminine

May 17 — 24, 2025 Seeblick Hotel Emmetten, Switzerland

Guest Speakers

Christena Cleveland, PhD (USA) Jörg Rasche, Dr. med. (Germany) Daniela Sieff, PhD (UK)

With Friends & Faculty of ISAPZURICH

Peter Ammann, Dr. phil. Galina Angelova, M. Theol. Richard Blennerhassett, MB, FRCPI, FRCPsych Maria Grazia Calzà, Dr. phil. Katharina Casanova, lic. phil. Brigitte Egger, Dr. sc. nat. ETH Ilaria Franchi, Movement Medicine Teacher Alan Guggenbühl, Dr. phil. Lisa M. Holland, MS Scott William Hyder, lic. phil. Ann Chia-Yi Li, MA Lucienne Marguerat, lic. phil. Dariane Pictet, Ad. Dip. Ex. Psych Bernard Sartorius, lic. theol. Yuriko Sato, MD Murray Stein, PhD Nancy van den Berg Cook, PhD, PsyD Ilsabe von Uslar, lic. phil. Katarzyna Wach, Mgr. Psych., Soc. Psych. Heike Weis Hyder, Dr. med. Penelope Yungblut, MA

Program Details

www.jungianodyssey.com info@jungianodyssey.com

Photo: Seeblick Höhenhotel and View. © Seeblick Höhenhotel, Emmetten Quote: "Dark I am, yet lovely." Song of Songs 1:5 **Jungian Odyssey 2025** Since 2006 our annual conference and retreat has opened ISAPZURICH's post-graduate program to all with interest in C.G. Jung's Analytical Psychology. "The earth has a spirit of her own," Jung mused, and elsewhere he called it the *genius loci*, the spirit of the place. It is this, the particular *genius loci*, that infuses each Odyssey as it leads us to a different place in Switzerland each year and inspires each Odyssey's topic. So, too, this spirit imbues our presenters' analytic views on contemporary research in a variety of fields, and as well, their handling of traditional areas of Jungian interest—fairytale, dream, myth, art, religion, personal and collective experience, and clinical practice.

"Dark I am, yet lovely.": Embracing the Exiled Feminine

The *genius loci* takes us again to the village of Emmetten in Central Switzerland, a small, remote municipality dotting a cliff that drops to the captivating Lake Lucerne. History testifies that primarily women (as well as some men and children) who were considered to be outsiders were easy targets for projections of the dark feminine. Switzerland is known to be the locale that persecuted and executed more presumed witches longer than any other country in Europe (until mid-18th century) and the echo of this painful past can be heard in the legends of Emmetten that describe witches dwelling among the nearby rocks and caves. Their lingering tears and lamentations inspire our upcoming exploration of this topic.

While Emmetten itself perches at 2539 feet (774 m), an imposing mountain backdrop is formed by the Niederbauen-Chulm, peaking at 6309 feet (1923 m). Lesser known and far humbler than most touristic sites in Switzerland, Emmetten first entered the historical record in 1160. On Emmetten's middle ground between plunging depths and soaring heights, a wild mountain

stream rushes out of the Emmetten valley not far from the church and the Chapel of the Holy Cross and pours through a narrow gorge into Lake Lucerne. Emmetten thus forms a valley basin which opens up to the north through this gorge. In the middle of the little valley lies a loose boulder on a flat meadow, not quite the size of a little mountain hut. This is the so-called Hexenstein (Witches' Stone) of Emmetten. A local legend tells that during a severe storm, a witch from the valley once carried a large boulder along the stream to prevent the water from flowing out of the gorge. In this way, she wanted to turn the pleasant meadow into a lake in order to flood the Chapel of the Holy Cross, which she hated because devout worshippers often visited it. The witch would soon have reached her goal when the bell rang out from the church on the hill. Losing all her strength, the witch was pressed into the soil and imprisoned under the huge stone, where it still lies today (see: https://www.kircheemmetten.ch/bauwerke/heiligkreuz-kapelle-emmetten).

Retreat Setting Seeblick Höhenhotel, Emmetten

Standing on its own hilltop, surrounded by meadows, and with spectacular panoramic views of the lake and mountains, Seeblick Höhenhotel with its idyllic natural setting is a gem little known outside of Switzerland. The hotel features a wellness area with indoor pool, steam bath and infrared double cabin, and a fitness room. The rooms (20 mz / 215 ft2) offer a queensize bed or twin beds, have views of the lake or mountains, and are equipped with WC, shower, TV and free wifi. Almost all rooms have either lake view or a balcony.

Early registration is recommended, as space is limited and the Odyssey typically books out. Also, early birds receive a price advantage!

Odyssey Packages Include • Group bus Zürich/Emmetten/Zürich • room & full board (excluding one dinner) w/mineral water and coffee at all meals • morning meditation • mid-morning coffee breaks • 2 wine receptions • 7-day academic program with a film evening, dancing and movement sessions, one afternoon opt-in excursion (at cost), a performance speaking about Jung's legacy and a hike with guided tour • Exception: Package #3 The academic program is excluded for nonattendee partners (apart from the Saturday lectures and the special events [p. 3 & 4], which they are welcome to attend). • Exception: Package #4 is a limited 2-day "taster" program for residents of the Emmetten area (group bus travel, hotel overnights, and hotel amenities are not included).

Limited Enrollment • Unparalleled Value

Register soon to ensure your place and save on your Odyssey package!

Final Registration Deadline: April 7th



Seeblick Höhenhotel and View. © Seeblick Höhenhotel, Emmetten

Package Costs • Registration by March 15 • in CHF

#1 1 Attendee, single room • 3,250.00

#2 2 Attendees, 1 double room, per person • 3,100.00

#3 1 Attendee & 1 Non-Attendee, double room • Total 4,750.00

#4 Odyssey Taster May 17 & 18, per person: 260.00

Package Costs • Registration after March 15 • in CHF

#1 1 Attendee, single room • 3,550.00

#2 2 Attendees, 1 double room, per person • 3,400.00

#3 1 Attendee & 1 Non-Attendee, double room • Total 5,150.00

#4 Odyssey Taster May 17 & 18, per person: 290.00

ISAP students are subject to other Terms & Conditions, including other costs and deadlines, provided by the FO.

To register, click on the links below

- General Terms & Conditions
- General Registration: Packages #1, #2, #3, #4

Special Events • Odyssey Packages #1, #2, #3

Sunday • Ilaria Franchi, Movement Medicine Teacher Welcoming & Exploring the Mystery of the Dancing Body

In these dancing and movement sessions the participants will be invited to connect to their innate resources of being alive in their body, by accessing their full capacity of accepting and responding to the musical landscape and their own range of movement. The exploration will invite them to move within the dynamic balance of the creative universal forces of *yin and yang* and by eliciting their personal capacity of grounding, energizing, flowing and softening the body. (Included also in Package #4)

Monday • The French Lieutenant's Woman • By Karel Reisz, based on the novel of John Fowles (1981)

A motion picture is being made about the love affair between a Victorian gentleman and an outcast woman who has been jilted by a French officer, scandalizing the polite society of Lyme Regis in 19th century England. Charles Smithson (Jeremy Irons), a biologist who's engaged to be married, falls in love with outcast Sarah Woodruff (Meryl Streep), whose melancholy makes her leave him after a short, but passionate affair. Meanwhile, Anna and Mike, the actors who play the characters of Sarah and Charles, explore an intimate relationship that runs parallel to that of their characters. (Quoted from: https://www.simplystreep.com/projects/1981-the-french-lieutenants-woman/)





Tuesday • Ilaria Franchi, Movement Medicine Teacher Welcoming & Exploring the Mystery of the Dancing Body (see Sunday)

Wednesday • Opt-in Excursion Choices

1. Up to CHF 58.00 • Boat Ride to Lucerne with Guided City Tour of Lucerne

Cost covers round-trip transport and the guided tour. Guided tour: 1.5 hours



We will leave the hotel at 12:30 and walk to the bus stop (about 20 min.). A short bus ride will bring us to the lake, where we will board the boat to Lucerne. If we are lucky, it will be one of the lake's five historic paddle steamers. Lake Lucerne (German: Vierwaldstättersee) is the fourth-largest lake of Switzerland. Situated at the foothill of the Alps, it offers beautiful views of the typical Central Swiss landscape with pastures, forests, villages and snow-covered mountains in the distance. In Lucerne, we will take a Guided City Tour, visiting the world-famous Chapel Bridge, the octagonal water tower, hidden alleyways and lively Old Town squares. The Chapel Bridge is a covered wooden footbridge spanning the river Reuss. It is unique in containing a number of interior paintings dating back to the 17th century. It serves as the city's symbol and as

one of Switzerland's main tourist attractions (quoted partly from https://en.wikipedia.org/wiki/Kapellbrücke). Alternatively, spend the time in Lucerne on your own. Return to the hotel by train and bus in two groups, leaving Lucerne at 17:10 or 19:10 and arriving at the hotel shortly before 18:30 or 20:30, including about 25 min. walk from the bus stop to the hotel.

2. Up to CHF 34.00 • Cable Car Ride and Hike Klewenalp to Stockhütte

Cost covers round-trip transport. Hike: easy to medium level, about 2 hours.

We will leave the hotel at 12:30 and walk to the bus stop (about 20 min.). A short bus ride will bring us to the cable car ascending to Klewenalp at an elevation of 1,600 meters (5,250 feet). The popular 5,3-km (3,3-mile) hike from Klewenalp to Stockhütte takes about 2 hours, following an easy path that leads through romantic alpine pastures and forests and offers spectacular panoramic views of Lake Lucerne and the mountains of Central Switzerland. Rated as easy to medium level, this hike contains no ascent but a descent of 300 meters (1,000 feet). From Stockhütte we will take the 6-seater gondola lift at 17:15 down to the village of Emmetten and walk back to the hotel (about 25 min.), arriving there around 18:00, or you can have dinner at a restaurant in Emmetten and walk back to the hotel later.



Wear hiking boots or sturdy walking shoes. No sandals or street shoes!

Performance "Twilight at Bollingen"

"Twilight at Bollingen" is a play with four characters – C.G. Jung, Aniela Jaffé, Erich Neumann and Marie-Louise von Franz - speaking about Jung's legacy. The play is set at Jung's Tower in Bollingen and takes place in the last years of Jung's life. It is a tribute to Jung and to his successors, as well as a dialogue about the shadow of Analytical Psychology, the afterlife, and personal destiny. The role of Jung is played by Paul Brutsche, of Aniela Jaffé by Kathrin Schaeppi, of Erich Neumann by John Hill, and of Marie-Louise von Franz by Heike Weis Hyder, with Murray Stein as Narrator and Barbara Miller playing the Cello. The authors of the play are Murray Stein and Henry Abramovitch.

Friday • No Cost • Hike and Guided Tour of the Chapel of the Holy Cross

Hike: medium level, about 2 to 2.5 hours.



We leave the hotel at 14:30 and walk through the village of Emmetten (about 45 min., 1.8 km / 1.1 mile, descent of 100 m / 330 feet) to the Heiligkreuz-Kapelle (Chapel of the Holy Cross). This Chapel, built in 1791 and renovated in 2000, houses the restored "Totentanz" ("Dance of Death"), an oil painting that was created around 1710 and was transferred to the Chapel in 1935 when the ossuary, where it was previously located, was torn down. Originally, the picture hung above black-painted wooden racks that contained skulls. The Dance of Death or Danse Macabre "is an artistic genre of allegory from the Late Middle Ages on the universality of death." It portrays "a personification of death summoning representatives from all walks of life to dance along to the grave, typically with a pope, emperor, king, child, and labourer. The effect is both frivolous

and terrifying, beseeching its audience to react emotionally. It was produced as memento mori, to remind people of the fragility of their lives and the vanity of earthly glory. Its origins are postulated from illustrated sermon texts; the earliest recorded visual scheme (apart from 14th century Triumph of Death paintings) was a now-lost mural at Holy Innocents' Cemetery in Paris dating from 1424 to 1425" (all quotes from https://en.wikipedia.org/wiki/Danse_Macabre). After the guided tour of the Chapel, we will hike into a wild gorge and through the forest back to the hotel (about 1.5 hours, 3 km / 1.9 miles, descent of 100 m / 330 feet, ascent of 200 m / 660 feet, arrival about 17:30). Those who prefer a less strenuous and quicker option can walk back the same way we came.

Wear hiking boots or sturdy walking shoes. No sandals or street shoes!



Gala Closing

After our reflections on the week and a hike to the Heiligkreuz-Kapelle and back or a rest, get ready for our traditional gala closing. A wine reception will get us started, and we will proceed to a celebratory 4-course dinner.

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Dark am I, yet lovely... Do not stare at me because I am dark, because I am darkened by the sun.

Song of Songs 1:5-6

Program • 2025

"Dark I am, yet lovely.": Embracing the Exiled Feminine

Group Travel Info p. 12 • Program Overview p. 13 • Presenters' Biographies pp. 14-15

SATURDAY
MAY 17

11:30-15:00 Arrival, Apéro, Lunch, Hotel Check-in

15:15-15:45 Welcome & Introduction

Maria Grazia Calzà, Dr. phil. & Lisa M. Holland, MS

Academic Co-Chairs, Jungian Odyssey

15:45-17:00 Christena Cleveland, PhD (L)

The Black Madonna's Clarion Call to Embodied Justice

The Mammy stereotype - the buxom, motherly Black female caregiver who served white people - is almost as old as the Dark Mother archetype. As a result, many who encounter the Black Madonna run the risk of viewing Her primarily as a mammy who solely exists to meet their (white) needs. If so, such devotees may miss out on the Black Madonna's mystical and healing invitation into the kind of sacred activism that radically supports Black dignity and ALL human flourishing. Together, we will discover how the Black Madonna's Black body has the power to set us all free.

17:00-17:15 Break

17:15-18:30 | Jörg Rasche, Dr. med. (L)

The Sphinx, Salome and the Queen of the Night: Danger and Transformation of the Dark Feminine

The famous riddle of the Sphinx, the transformation of mysterious Salome in the *Red Book*, or the dangerous Queen in Mozart's Magic Flute shall be experienced and reflected upon. In these narratives age-old complexes, both of women and men, are expressed in unforgettable images and music. The encounter with the Dark Feminine is dangerous, but obviously necessary for our individuation. In this lecture and seminar musical examples will be shown. Drawing or dancing the images will also be possible.

18:30-19:45

Dinner

The dark weight of the earth must enter into the picture of the whole.

In 'this world' there is no good without its bad, no day without its night, no summer without its winter.

C.G. Jung, CW 11, §264

KEY

L = Lecture

S = Seminar

W = Experiential Workshop

SoL = Seminar on Lecture

L&S = Lecture & Seminar

L&W = Lecture & Experiential Workshop

Confidentiality is to be strictly observed for all experiential workshops (W), for our temenos, and for seminars that deal with personal and/or case material.

Experiential Workshops (W) entail self-exploration and sharing aspects of one's personal life. Therefore, for the protection of personal boundaries, attendance is excluded for analysts of ISAPZURICH and any others who might either anticipate encountering, or *do* encounter analysands, patients, and/or supervisees at these events.

SUNDAY MAY 18

7:15-7:45

Meditation with Maria Grazia Calzà

7:30-9:00

Breakfast

9:00-10:15

Daniela Sieff, PhD (L) The archetypal Death Mother as Ambivalence,

Hostility and Infanticide

Western culture idealises motherly love, making it difficult to understand maternal neglect, abuse and, most tragically of all, infanticide. The lack of understanding means hostile mothers are often perceived as unnatural or mentally ill.

This presentation questions the idealised view of motherhood, by exploring its evolutionary and archetypal underpinnings. It aims to support change in affected mothers, and to facilitate healing in those who have suffered from a hostile mother, by offering a more nuanced and compassionate understanding of the dynamics involved.

10:15-10:45

Coffee Break | Book Sales

10:45-12:00

Panel Discussion (S)
Christena Cleveland & Jörg Rasche & Daniela Sieff with Penelope Yungblut

12:15-13:15

Lunch

CHOICE 14:00-16:00

Christena Cleveland (SoL) Embodying the Black Madonna

The Black Madonna is both Love and Love-in-Action. So, to follow the Black Madonna is to go beyond mere affirmation and courageously join Her movement to heal the world of divisions such as patriarchy and white supremacy. Join Christena for a lively conversation and somatic practices designed to harness our collective wisdom for justice and liberation.

Jörg Rasche (SoL)
 The Sphinx, Salome and the Queen of the Night:
 Danger and Transformation of the Dark Feminine

Daniela Sieff (SoL)

The Archetypal Death Mother as Toxic Shame

The Archetypal Death Mother symbolises traumatising attitudes stemming from those who we expect to nurture us, including parents, teachers, community leaders, and ourselves. One form the Archetypal Death Mother can take is 'toxic shame,' a mistaken and often unconscious belief of being intrinsically flawed and unworthy of love. This belief distorts our relationships with ourselves and others. It creates escalating suffering.

This presentation draws on the work of Marion Woodman, the myth of Medusa, evolution, psychology and lived experiences, to bring consciousness to these dynamics.

17:00-18:00

Temenos For the early Greeks a temenos was an area set apart from everyday life, a holy precinct or sacred ground. Following Jung's metaphorical use of the image, for all who wish to join, our temenos offers a protected space for the sharing of personal experience, insights, and questions related to this Jungian Odyssey. Facilitated by Grazia Calzà and Lisa Holland, and contained in mutual respect and confidentiality, this is an open exchange that can deepen our spirit of community. Offered also on Thursday.

18:30-19:45

Dinner

20:00-21:00

Ilaria Franchi, Movement Medicine Teacher Welcoming & Exploring the Mystery of the Dancing Body (see p. 3)

MONDAY MAY 10

MAY 19	7:15-7:45 7:30-9:00 9:00-10:15	Meditation with Lisa Holland Breakfast Penelope Yungblut, MA(L) The Rage of the Exiled Feminine When trust and respect are absent, we may feel wounded by the other and turn to violence as a response to the deep injury inflicted upon us. Greek mythology was aware of this danger and warned of its consequences. We will explore examples of women in Greek drama whose rage and resentment led to murderous revenge when they found themselves discounted and betrayed. Coffee Break Book Sales Bernard Sartorius, lic. theol.(L) The Woman in the Sky Nut, the Old Egyptian goddess of the night-sky, might evoke the specific spirituality of concrete womanhood and of the "anima", the psychic "femininity" of men. It might illustrate an inner dynamic of the Feminine, as such transcending the polarity between "Spirit" and "Matter".	
	12:15-13:15	Lunch	
CHOICE	14:00-16:00	 Penelope Yungblut (SoL) Healing Relational Wounds We will explore steps on the way to healing our injured, dark, and exiled emotional wounds. Our focus will be on the experience of relational injuries, acknowledging the suffering and rage they arouse, and on the inner work of healing the pain and impact of our wounds. The healing we seek is in the service of more fulfilling relationships and a more integrated sense of self. Alan Guggenbühl, Dr. phil. (L&S) The Dark Femininity: The Lure, Fascination and Dangers In this lecture/seminar a one-sided male perspective will be attempted on experiences of the dark side of femininity by men and some psychological implications discussed. Katharina Casanova, lic. phil. Ilsabe von Uslar, lic. phil. (W) On the Trail of the Hidden Goddess In a guided imagination we are going to approach her dark being inside or outside ourselves. We will let the images that have arisen come to life by painting, clay work and other creative methods. Rich material will be provided. 	
	17:00-18:00	ISAP-Candidate Research ISAP candidates will briefly present their current research in Analytical Psychology with time for questions and discussion.	
	18:30-19:45	Dinner	
	20:00-22:15	The French Lieutenant's Woman • A Film by Karel Reisz, based on the novel of John Fowles (1981) (see p. 3) • A must-see for attendees of Richard Blennerhassett's combined lecture and seminar (Tues, May 20)	

TUESDAY MAY 20

7:15-7:45

Meditation with Susanna Bucher

7:30-9:00

Breakfast

9:00-10:15

Galina Angelova, M. Theol. (L)

"As a Weaned Child With its Mother ..."

Feminine Images and Language of God in the Judeo-Christian Tradition and Their Importance Psychologically

The lecture will recall some of the "forgotten" metaphors for God, which describe God in feminine attributes: as a woman in labour, as a compassionate and nursing mother, as a hen sheltering her chicks under her wings as well as others. In the seminar we will explore the impact and importance of using inclusive language and how this can shape one's psychological development. The seminar will deepen the topic with shared text reading and some experiential elements.

10:15-10:45

Coffee Break | Book Sales

10:45-12:00

Brigitte Egger, Dr. sc. nat. ETH (L) Creative Womb of Darkness:

Rehabilitating Night and Soil – a Psychecological Look

The ecological crisis mirrors our soul's unbalance in speaking images. The introverted, dark and regenerative part of the life cycle has been eclipsed by the emphasis on consciousness, power and control. For example, light pollution disturbs natural rhythms and blinds us to the celestial night lights, source of contemplation. Or the loss and degradation of soil, this unique living support of life on earth, may prevent meeting the needs of future generations. A symbolic exploration helps develop grounded and encouraging perspectives for the doubly ecological and psychic healing turnaround.

12:15-13:15

Lunch

CHOICE 14:00-16:00

- Galina Angelova, M. Theol. (SoL)
 "As a Weaned Child With its Mother ..."
- Dariane Pictet, Ad. Dip. Ex. Psych (L&S)
 A Journey into the Hell Realms with Kali, Babayaga and Erishkagal

Facing the shadow is part of a soul retrieving process. The stories that depict this journey of transformation point to a mighty treasure buried in the darkness.

• Richard Blennerhassett, MB, FRCPI, FRCPsych (L&S) The Dark Feminine as Archetype of Transformation in The French Lieutenant's Woman

The French Lieutenant's Woman was John Fowles's best known novel. Fowles's imaginative world was influenced by Jungian archetypal theory. The starting point for the novel was his image of "A woman stands at the end of a deserted quay and stares out to sea". This image became the outcast and mysterious Sarah Woodruff, memorably portrayed by Meryl Streep in the Karl Reisz 1981 film, with Jeremy Irons as the Victorian gentleman, with whom she has an affair. She is a personification of the Dark Feminine, whose influence opens diverse paths to transformation in the protagonists and in our lives.

17:00-18:00

Ursula Ulmer, MA,

ISAPZURICH Council • An Information Meeting: Continuing Education & Training at ISAPZURICH

18:30-19:45

Dinner

20:00-21:30

Ilaria Franchi, Movement Medicine Teacher Welcoming & Exploring the Mystery of the Dancing Body (see p. 3)

WEDNESDAY

MAY 21

7:15-7:45

Meditation with Isolde Kunerth

7:30-9:00

Breakfast

9:00-10:15

Yuriko Sato, MD (L)

Fear of the Feminine, Awe of Nature

In this lecture, we will examine *Yamauba*, Dame of the Mountain, in Japanese folklore, who is depicted as a fearful figure like a man-eater, while at the same time appearing to be a helper or a fortune-bringer to humans, even a god. Why is she female? Why is she wild? What lies in our psyche that created this image of the Dark Feminine? What is her place in our modern time?

10:15-10:45

Coffee Break | Book Sales

10:45-12:00

Murray Stein, PhD (L)
"My soul, where are you?"

This will be a 50-minute lecture on the psychology of exile and redemption of the anima and anima values in men, a key issue for the second half of life. Psychological creativity depends on it. This process requires overcoming the mother complex and relating to the feminine figure as soul companion. Jung offers a prime example of this process in his *Red Book*. The lecture will feature the Gnostic story of Simon Magus and Helen as archetypal images of the redemption of the exiled soul in patriarchal culture. Suggested reading: *Men Under Construction*, by Murray Stein.

12:00

All: Pick-up Your Box Lunch (whether you join an excursion, or not)

CHOICE Excursion

- Advance sign-up required
- · Boat, bus and train schedule subject to change

12:20 All: Gather at the hotel main entrance to depart for the bus stop (20 min. walk)

Option #1 • Boat Ride to Lucerne with Guided City Tour of Lucerne

13:01 Bus to Beckenried

13:32 Boat to Lucerne

14:47 Arrival, Lucerne

15:00 Guided Tour of Lucerne (ca. 1.5 hours),

afterwards free time in Lucerne on your own

Choice a) 17:10 Train & Bus back to Emmetten

(walk ca. 25 min., arrival at hotel ca. 18:20)

Choice b) 19:10 Train & Bus back to Emmetten

(walk ca. 25 min., arrival at hotel ca. 20:20)

Option #2 • Cable Car Ride and Hike Klewenalp to Stockhütte

13:01 Depart Bus to Beckenried

13:30 Cable Car to Klewenalp

13:45 Hike from Klewenalp to Stockhütte (ca. 2 hours)

17:15 (approx.) Cable Car to Emmetten

17:30 Walk back to the hotel (ca. 25 min.) or stay for dinner

at a restaurant in Emmetten

Dinner on Your Own (self-paid)

Ask at hotel reception about restaurants in Emmetten, have an early bite in Lucerne (if attending excursion #1) or reserve a table at the hotel.

20:30-21:30

Performance "Twilight at Bollingen" (see p. 4)

A play with four characters – C.G. Jung, Aniela Jaffé, Erich Neumann and Marie-Louise von Franz – speaking about Jung's legacy.

THURSDAY MAY 22

7:15-7:45 7:30-9:00 Meditation with TBA (to be announced)

Breakfast

Experiential Workshops • A Day of Intense Immersion

- Morning coffee break: time to be announced
- Lunch 12:15-13:15

CHOICE 9:00-16:00

Ann Chia-Yi Li, MA (L&W) The Gaze From the Dark Hinterland

The exiled part of us paradoxically roots itself deeply in our present life, taking the form of autonomous complexes and maintaining neurotic symptoms. In this seminar, we will take a few images from the alchemical treatise *Rosarium Philosophorum* as examples, in order to amplify the necessity and danger of integrating and assimilating unconscious materials. We will experience ink painting and calligraphy writing as mediums of de-intellectualizing ourselves and making conscious the voices from the dark hinterland of the psyche.

Katarzyna Wach, Mgr. Psych., Soc. Psych Connecting with the Cosmopolitan Witch & her Alchemical Cauldron for Healing Transgenerational Trauma (L) Working with the Pelvic Floor (W)

It is difficult to remain indifferent to the epidemic of autoimmune diseases which most often affect women, diseases in which the autoimmune system attacks one's own body. The dark feminine force of life-death-regeneration lives within the body of the female center. The pelvic floor is like a second heart of a woman but unlike the heart, to sustain life one's ego must conduct the beat of contraction and expansion. In this workshop we will give voice and love to this sacred woman space through movement, dance, breath and sound. We will let go of the *old* and make space for the *new and healthy life*.

Lucienne Marguerat, lic. phil. The Stare of the Dark One (L)

We will enter the realm of the Dark Feminine via an encounter with the staring gaze found in Maria Lassnig's self-portraits. Then through a Jungian lens, we will follow a thread from Inanna's visit and return from the underworld with her "stare of death" to similar stares in modern and contemporary art. In reaching out to the obscure regions of our unconscious, what might these uncomfortable gazes convey to us?

Expressing How Looking at the World with Different Eyes Might Feel (W)

The myth of Inanna's descent to the underworld will be read. After a movement exercise, participants will be invited to express through color and shape, their embodied experience of looking at the world differently, from the darkness. The workshop will close with the sharing and honoring of the images created.

Nancy van den Berg Cook, PhD, PsyD (L&W) Under the Bear Skin: Finding Strong Personal Boundaries and a Powerful Sense of Freedom under the Protection of the Wild and Fierce Goddess

At her temple at Brauron, the goddess Artemis gave sanctuary to prepubescent girls. Called *arktoi* (little bears), they danced under bear skins and played wild and free, protected from the coming demands of Greek society to marry when they reached puberty. Artemis was revered for her ferocious protection of wild animals, little girls and women in childbirth. Can we modern people, so easily swept into, and depleted by the demands and emotions of loved ones, invoke her instinctive, dark feminine energy to build strong personal boundaries? We will get in touch with the Artemis in our psyches.

17:00-18:00 18:30-19:45 Temenos with Grazia Calzà & Lisa Holland
Dinner

FRIDAY MAY 23

7:15-7:45

Meditation with TBA (to be announced)

7:30-9:00

Breakfast

9:00-10:15

Scott William Hyder, lic. phil.

& Heike Weis Hyder, Dr. med. (L)

When the Exiled Feminine Embraces Darkly & Bringing Light to the Relationship Within: Brief Clinical Examples

In the limited time available, we will describe examples in our practices with individuals (male and female) whose embrace by the dark feminine, projected outside and experienced within, threatened to snuff out consciousness and existence altogether. Limited case material will be presented.

10:15-10:45

Coffee Break | Book Sales

10:45-12:00

Peter Ammann, Dr. phil. (L) Music and Melancholy:

Marsilio Ficino's Archetypal Music Therapy

This lecture deals with Marsilio Ficino's (1433-1499) view of melancholy and the remedies, in particular music, he recommends for healing its negative influences. His intention is to temper the melancholic influence of the male deity Saturn by songs addressed to the benign female planets, Sun, Jupiter, Venus. It is an attempt, consciously, by active imagination, to reestablish the emotional relatedness with the female planets from which Saturn - representing deep and one-sided thinking - has cut oneself off. Ficino's ideas can be related to Jung's rehabilitation of the feeling-function.

12:00-12:15

Break

12:15-13:00

Grazia Calzà & Lisa Holland (S)

Reflections on the Week

13:00-14:00

Lunch

14:20-17:30

Special Offer • Hike and Guided Tour of the Chapel of the Holy Cross

Join Susanna Bucher and a local expert from Emmetten for a hike and guided tour to the Chapel of the Holy Cross (see pages 2 and 4).

14:20 Gather at the hotel main entrance

Depart 14:30, easy walk of 30-45 min., 1.8 km / 1.1 miles, descent of 100 m / 330 feet)

Choice a) Return via the same way (easy to medium difficulty, ca. 45 min., ascent of 100m / 330 feet, arrival at hotel ca. 16:30)

Choice b) Return via a more difficult forest path (ca. 1.5 hours., 3 km / 1.9 miles, descent of 100m / 330 feet and ascent of 200m / 660 feet, arrival at hotel ca. 17:30)

Wear hiking boots or sturdy walking shoes. No sandals or street shoes!

18:30-24:00

Gala Closing

18:30-19:00 • Apéro 19:00-24:00 • Gala Dinner

SATURDAY MAY 24 7:30-8:30 Hotel Check-Out & Breakfast

8:30 Bus Check-in

9:00 Bus Departs for Zürich

10:45 Approximate drop-off at Zürich Airport, Departures

11:15 Approximate arrival at the Zürich Bus Station

Your Stay in Zürich

For your connecting overnights in Zürich—and/or for your stay during the Prelude—we suggest the hotels below. All are centrally located, within walking distance from the main train station and bus station, and close to public transportation. All serve breakfast and have free wireless LAN. For other convenient options, see: https://isapzurich.com/en/about/directions/

Fred Hotel Zürich • Limmatstrasse 5, 8005 Zürich **** (Formerly Walhalla) Directly opposite the bus station

Tel: +41 (0)44 446 5400

Email: hauptbahnhof@fredhotels.ch

Website: https://fredhotels.ch/en/fred-hotel-zurich-

hauptbahnhof/

Hotel Montana • Konradstrasse 39, 8005 Zürich ****

Tel: +41 (0)43 366 6000

Email: reservation@hotelmontana.ch

Website: https://hotelmontana-zurich.com/en

Hotel Limmathof • Limmatquai 142, 8001 Zürich ***

Tel: +41 (0)44 267 60 40 Email: info@limmathof.com Website: https://limmathof.com/

Group Travel Information

Saturday, May 17 • Bus • Zürich to Emmetten



The Zürich Bus Station (CarPark Ausstellungsstrasse)

- Car/Taxi Entry: Ausstellungsstrasse 15, 8005 Zürich
- Pedestrian Entry: Opposite Starbucks and Fred Hotel on Limmatstrasse 5, 8005 Zürich
- 9:15 AM check-in & luggage loading. Look for a white bus marked "Kopf", or find us in or near the covered seating area.
- 9:45 AM departure

The above photo shows the *pedestrian entry* to the bus station, opposite Starbucks and Fred Hotel. It is but a short walk from the Zürich Main Train Station and Hotel Montana. The same entry can be reached on tram #4, #13, or #17. Get out at Sihlquai/HB; walk ca. 3 minutes.

Prelude • May 12-16, 2025

Consider coming early to Zürich, to attend the ISAP Prelude on your way to the Odyssey! This is a chance to experience our on-campus life and historically protected home, the erstwhile post office built in 1911, with an Art Nouveau design. At this occasion you are welcome to:

- Attend the 3-day academic program
 with a package discount for registered JO attendees
- Join our spring semester excursion to the Black Madonna & Monastery Church of Einsiedeln; at cost
- Celebrate with us
 Semester closing with music, wine, and generous appetizers (Apéro riche)—no cost
- Attend analysis or supervision
 Costs and payment methods vary according to the analyst.

To arrange appointments, consult our <u>List of Analysts</u>, or send an online request to our Counseling Service.

Kindly make appointments with the Counseling Service and individual analysts well ahead of your arrival

Attendance of the Prelude requires separate registration and payment directly with ISAP:

Prelude Details & Registration

Jungian Odyssey Committee

info@jungianodyssey.com

Academic Co-Chairs Maria Grazia Calzà, Dr. phil. Lisa M. Holland, MS

Committee Co-Chairs

Susanna Bucher, Dr. sc. nat. ETH Isolde Kunerth, Dipl.-Päd.

Photo Albums & Programs

To view photos and programs of Jungian Odysseys dating back to the first, in 2006, click on the link below:

Jungian Odyssey Archives

We heartily thank the volunteer ISAP students who photograph the Odyssey from year to year.

Overview • Jungian Odyssey 2025

KEY: L = Lecture • S = Seminar • SoL = Seminar on Lecture • L&S = Lecture & Seminar • W = Experiential Workshop

	Wed, May 21 Thurs, May 22 Fri, May 23 Sat, May 24	Meditation Meditation Meditation w/to be announced w/to be announced w/to be announced	Breakfast Breakfast Check-out	March Moder, (L) Weis-Hyder (L)	Coffee Book Sales	Lance Contract	12:00 Lunch Lunch Break Zürich Airport,	Marg Wach (S)	·)	20 Coo	(1) Bus & Boat to Amin Entrance Meet for Excursion		- or - Tour of the Chapel of the Holy Cross	Car to Klewenalp Temenos Hike to Stockhütte w/Calzà & Holland Return ca 17:55	Dinner 18:	20:30-21:30 Ensemble-Play "Twilight at Bollingen" Gala Dinner
Room D	Tues, May 20	Meditation w/Bucher	Breakfast	Angelova (L)	Coffee Book Sales Cof	Egger (L)	Lunch	Ange Picter	lova (S t (L&S)	SoL)				Info Mtg w/Ulmer: Ca Training at ISAP Hik	Dinner	20:00-21:30 Franchi (Movement Medicine)
Room C Roo	Mon, May 19	Meditation w/Holland	Breakfast	Yungblut (L)	Coffee Book Sales	Sartorius (L)	Lunch	Gugg	nova/vo enbüh blut (S	l (L&S				ISAP-Candidate Research	Dinner	20:00-22:15 Film: "The French Lieutenant's Woman"
Room B	Sun, May 18	Meditation w/Calzà	Breakfast	Sieff (L)	Coffee Book Sales	Panel: Cleveland, Rasche, Sieff w/Yungblut (S)	Lunch	Rascl	(SoL) ne (Sol					Temenos w/Calzà & Holland	Dinner	20:00-21:30 Franchi (Movement Medicine)
Room A	Sat, May 17			9:15 Bus Check-in	9:45 Bus Departure	ca. 11:30 Arrival & Apéro	Lunch	15.15.15.45	Welcome Calzà & Holland	15:45-17:00 Cleveland (L)	17:00-17:15 Break	17:15-18:30 Rasche (L)			Dinner	
Rooms		7:15-7:45	7:30-9:00	9:00-10:15	10:15-10:45	10:45-12:00	12:15-13:15	14:00-16:00						17:00-18:00	18:30-19:45	20:00

ISAPZURICH International School of Analytical Psychology Zurich • AGAP Post-Graduate Jungian Training

Presenters' Biographies

KEY Asterisk (*) = Analyst/Member of the Faculty, ISAPZURICH (ISAP)

AGAP = International Association of Graduates in Analytical Psychology (founder of ISAP)

CGJI-ZH = C.G. Jung Institute Zürich, Küsnacht

IAAP = International Association for Analytical Psychology

JOS = Jungian Odyssey Series, Published by Spring Journal and Books

GUEST SPEAKERS

Christena Cleveland, PhD is a social psychologist, public theologian, author, and activist. She is the founder and director of the Center for Justice + Renewal which supports a more equitable world by nurturing skillful justice advocacy and the depth to act on it. An award-winning researcher and author, former professor at Duke University's Divinity School, Dr. Cleveland is an avid student of embodied wisdom. www.christenacleveland.com

Jörg Rasche, Dr. med. is is a Jungian Psychoanalyst, trained in Berlin and in Sandplay Therapy by Dora Kalff. He is teaching at several C. G. Jung Institutes in Europe, in Asia and for IAAP and ISST. Since 2013 he was engaged for many years in Ukraine. For his engagement for psychotherapy in Poland and for people's reconciliation he was honoured by the Polish president with the Golden Cross of Merit. His publications include works on creativity, music, politics and history of science. Recently he published a novel about Spinoza: Spinozas Freund und die Substanz der Freiheit (Spinoza's Friend and the Substance of Liberty). And Europe's Many Souls in Times of Crisis and War: Brexit and Ukraine (with Tom Singer, Routledge). www.joerg-rasche.de, joergrasche@gmx.de

Daniela Sieff, PhD: I am a scholar, author, and speaker. For as long as I can remember I have been curious about what shapes us as human beings. In my 20s, that curiosity led to a doctorate in biological anthropology at the University of Oxford, focusing on evolutionary approaches to human behaviour. In my 30s, my curiosity shifted. For the last 25 years, I have explored how emotional trauma shapes us and how we can heal. I completed Leadership Training with the late Jungian analyst Marion Woodman, authored a book called *Understanding and Healing Emotional Trauma: Conversations with Pioneering Clinicians and Researchers*, and am working on a new book about shame. My approach weaves together personal experiences with research from depth psychology, anthropology, and evolution. I have spoken to diverse audiences, including delivering keynotes for The Royal College of Psychiatry, The Compassionate Mind Foundation, Pacifica Graduate Institute, and the Marion Woodman Foundation. Learn more about me and my work at: www.danielasieff.com

FACULTY* & FRIENDS, ISAPZURICH

Peter Ammann, Dr. phil.* studied music (cello) and musicology. He later trained at the CGJI-ZH and is now a training analyst, supervisor, and lecturer at ISAP, maintaining his private practice in Zürich. He has lectured internationally. Peter is an avid documentary filmmaker, having discovered this path in the 1960's after apprenticing in Rome with Federico Fellini. Among his documentaries are: *Hlonipa: Journey into Wilderness; Sandplay with Dora Kalff; Spirits of the Rocks*, and *Mabi's Feast: Sangomas Celebrating San.* His most recent films, released in 2022, are recordings of anniversary lectures held at ISAP and/or CGJI-ZH: *"What My Power Figures Tell Me [...]*," and *A Visit to Jung—Revisited.*

Galina Angelova, M.Theol.*, born in Bulgaria, studied theology in Switzerland and at Union Theological Seminary in New York City, where she deepened her interest in Analytical Psychology working with Ann Ulanov. Galina is an ordained pastor of the Swiss Reformed Church, working in a local parish and in palliative care. Her areas of interest include ritual, feminist theology, spiritual care, and the relationship between religion and psychology. She is a graduate of ISAPZURICH and conducts a private practice in Zürich.

Dr. Richard Blennerhassett, MB, FRCPI, FRCPsych is a Consultant Psychiatrist in private practice in Dublin. He graduated from University College Dublin (1984) and completed post-graduate studies in General Medicine. Drawn to the theories of C.G. Jung, he trained as a psychiatrist in Dublin and the U.K. He is a former Clinical Director of Saint Ita's Hospital, Dublin and Saint John of God Hospital, Dublin. The insights of Analytical Psychology have shaped his clinical practice and he has, over the years, given lectures and workshops in Dublin and at ISAP. His passion for cinema has fueled his research on the films of Alfred Hitchcock, which he has presented at film conferences celebrating his work.

Katharina Casanova, lic. phil.,* clinical psychologist and Jungian analyst, received her diploma in Analytical Psychology from CGJI-ZH in 2001. She works at ISAP and CGJI-ZH as an analyst, supervisor, and lecturer, and conducts her private practice in Zürich. Her main interests are dreams, picture interpretation, theory of complexes, and history of religion.

Brigitte Egger, Dr. sc. nat. ETH* is passionate about nature and how soul roots in it. She sees the environmental crisis as a soul crisis, as a call to restore a mystic relationship to nature, place, and past. To find answers she explores the psychic and symbolic dimensions of collective issues and works at introducing this perspective into practical environment protection, thus building up the field of psychecology. She is interested in creativity at large and in lively ways to communicate depth psychological insights. She is an ecologist (Dr. sc. nat. ETH) as well as a Jungian training and supervising analyst at ISAP with a private practice in Zürich.

Ilaria Franchi is a Movement Medicine Teacher and a Focusing Practitioner, living in northern Italy. Based on her personal family story of loss and disconnection from the body, her main focus is on strengthening connection with the life force that is inherent in every human being. She discovered the transformative power of free dance 18 years ago and that led to a lifelong journey of self-discovery and growth. She leads group workshops and individual sessions online and in person, as well as outdoor projects. She has offered seminars to students at the University of Verona, Department of Educational Science, and in other social contexts. She is also trained in offering Movement Medicine to people who have experienced grief and loss.

Allan Guggenbühl, Dr. phil.* is the son of the Swiss psychiatrist and Jungian analyst Adolf Guggenbühl Craig and the Scottish artist and folk singer Anne Craig. He spent his childhood in Omaha, USA and Zürich, Switzerland. An avid guitarist, he taught music in various Swiss schools and later received his doctoral degree in Psychology and Education from the University of Zürich. He served as a school psychologist in Frick before becoming Director of the Dept. of Group Therapy at the Educational Counseling Center in Bern (1987–2017) and Professor of Education at the University of Zürich (1997–2017). Since 1997 he has been the Director of the Institute for Conflict Management and Mythodrama in Zürich (www.ikm.ch). Guggenbühl has authored several books and articles and is well known as a specialist in conflict management and youth issues. He conducts a private practice in Zürich. www.allanguggenbuehl.com

Scott William Hyder, lic. phil.*, originally from Idaho (USA), completed his training in Analytical Psychology at the CGJI-ZH, and teaches there as well as at ISAP, where he is a training analyst. From 2014-2022, he served as a member of the AGAP ExCo. He would like to work with others to develop and promote sustainable models, offering holistic attitudes and practices in relation to collective dynamics of economy, education, and environment. He conducts his private analytic practice in Zürich with his wife, Heike Weis Hyder (psychiatrist and Jungian analyst).

Ann Chia-Yi Li, MA* is originally from Taiwan, where she studied both English and Chinese literature. She is an ISAP training analyst and supervisor, now serves as ISAP's vice-president, and maintains a private practice in Zürich. Ann served on ISAP's Program Committee from 2013-2023. In 2015, she initiated the international Mu-Shuei Jung Conference and Retreat in Taiwan. In 2016, she co-founded a Jungian study program through the establishment of the Analytical Psychology School SG in Singapore. She has lectured widely on Daoist alchemy, *The Red Book*, active imagination, and Zen meditation.

Lucienne Marguerat, lic. phil.* is a training and supervising analyst, currently Director of Admissions of the ISAP Council. Having studied one year in a college in St Paul, MN, then changed from a French speaking to a German speaking area in Switzerland, she has learned to cherish the strong points in the different cultures. She is fascinated by the archetypal forces at the root of change in the collective consciousness, such as in the collective views on poverty, the conflicts and reconciliations between European countries or the feminine condition. She also loves contemplating, reflecting upon and working with pictures, in art, dreams or imagination.

Dariane Pictet, Ad. Dip. Ex. Psych* is a training analyst with ISAP, also supervises and lectures with GAP in London. She trained as an Existential Psychotherapist in London and as a Jungian analyst at CGJI-ZH. Realizing her special interest in the embodied psyche, she also completed Marion Woodman's BodySoul leadership training. In recent years Dariane has revived her past life as drama school student, performing with ISAP colleagues in their world-wide theatrical adaptations of Jung's work and writings. darianepictet@googlemail.com.

Bernard Sartorius, lic. theol.* received his degree in theology from University of Geneva in 1965 and worked for several years as a protestant minister, first in a parish and then in youth work. He graduated from CGJI-ZH in 1974, maintaining his private analytical practice first in Geneva, and since 1997 in Lucerne and Zürich. He is a training analyst and supervisor at ISAP. Among his publications are the essays, "Failure is the End" (JOS Vol. VII, 2015); "The Silence of 'God'" (JOS Vol. VI, 2014); "La Mecque où/ou on meurt," in *Vouivre, Cahiers de psychologie analytique, Pèlerinages*, Numéro 11, 2011; and his book on the Orthodox Church, *L'Eglise orthodoxe, Grandes religions du monde, Vol. 10* (Edito-Service, 1982).

Yuriko Sato, MD,** born in Kyoto, studied medicine in Osaka. She graduated from the CGJI-ZH in 2005, and in 2007 returned to live in Switzerland. She is a training and supervising analyst at ISAP, where she also offers lectures and seminars, and serves as the Director of Studies for the International Program. Currently, she serves as well on AGAP's ExCo. She conducts her private analytic practice in Zürich and Bern.

Murray Stein, PhD,* ISAP training analyst and supervisor, and served previously as ISAP's co-president and president of the IAAP. His published works include the essay, "On Synchronizing Time and Eternity," in *International Journal of Jungian Studies* (Taylor and Francis Online, Oct. 2015). His many book publications include *In Midlife: A Jungian Perspective* (Chiron, 2014); *Minding the Self: Jungian Meditations on Contemporary Spirituality* (Routledge, 2014); and re-published in 2018: *The Principle of Individuation* (Chiron); and *Practicing Wholeness* (Chiron). With Steve Buser he is co-editor of the *Zurich Lecture Series in Analytical Psychology* (Chiron), which is published following the weekend lecture series co-hosted each autumn by Chiron and ISAP

Nancy van den Berg Cook, PhD, PsyD* is a Jungian analyst and clinical psychologist with 27 years of private practice in the Netherlands. She was a bio-med research scientist with a PhD from University of California Berkeley, when she decided to change careers to become a Jungian analyst. After many years of study and re-training she was certified by the IAAP in 2004, then continued to earn a PhD in psychology. For 8 years she was president of the former Netherlands Association of Jungian analysts. She has written articles on archetypal cultural movements and teaches a variety of Jungian subjects for both the general public and Jungian training institutes, including ISAP.

Ilsabe von Uslar, lic. phil.* is a clinical psychologist and Jungian analyst. She received her diploma in Analytical Psychology from CGJI-ZH in 1996. She is an analyst, supervisor, and lecturer at ISAP and maintains her private practice in Zürich. Her main interests are dreams, imaginative techniques and trance induction, picture interpretation, and theory of complexes.

Katarzyna Wach, Mgr. Psych., Soc. Psych.* is an ISAP faculty member, social psychologist and a Swiss licensed psychotherapist with a private practice in Zurich. She grew up in Poland and is the mother of a young son. She works with adults from diverse communities. Her special interests lie mainly in the fields of feminine spirituality and the feminist spiritual consciousness and awareness of body, its non-verbal language and other forms of expression: movement, painting, writing, etc., which are needed to engage the emotional life of a person.

Heike Weis Hyder, Dr. med.,** FMH Psychiatry/Psychotherapy, is a training analyst at ISAPZURICH with a private practice in Zürich. She received her doctorate in medicine at the Johann-Wofgang-Goethe-University of Frankfurt and Aachen, Germany (1980-1987); specialization in psychiatry through 1993 at Université Libre de Bruxelles, Belgium; simultaneous training analysis with focus on C.G. Jung, graduating as training analyst at Charles Baudouin Institut* (Brussels/Geneva) 2005 (* transdisciplinary approaches to psychology and science). 1993: moved to Zürich to study at the C.G. Jung-Institute, graduating in 2002, diploma thesis: Humility as Bridge to the Self – The Meaning of Humility in Relation To C.G. Jung, Meister Eckhart and Jakob Böhme. Worked simultaneously at Sanatorium Kilchberg, a psychiatric clinic, integrating Analytical Psychology into psychiatry through daily psychotherapy.

Since 2004, participant and training analyst of ISAPZURICH. Since 2006, private practice in Zürich. Through the years, multiple lectures in different countries, focusing on psychodynamic aspects in clinical case studies and the Red Book. Ongoing interest in resonance between neuroscience discoveries and depth psychology. Deepening lessons in humility and resonance with life through rides in the forest above Lake Zürich with her horse, Apache. www.weishyder.ch, heike.weis@sunrise.ch

Penelope Yungblut, MA,* ISAP training analyst, is a graduate of Harvard College, the Guild for Spiritual Guidance, and CGJI-ZH, and conducts her private practice in the USA. She offers lectures, seminars, and workshops at ISAP, focusing on the journey to the Self; healing emotional wounds; discovering the transformative potential of active imagination; working with dreams and images; deepening one's sense of self and agency; and living a creative life. She aspires to integrate recent ideas from other schools of thought with Jungian understanding. She is the director of the non-profit Touchstone, Inc. which serves those who aspire to respond to what lies deepest within, to find purpose and meaning, and to become more authentic and alive.

JUNGIAN ODYSSEY COMMITTEE

Susanna Bucher, Dr. sc. nat. ETH* is an environmental scientist, graduated from ISAP in 2019. She has a private analytic practice in Zürich, while also serving on ISAP's Jungian Odyssey and Program Committees. Susanna offers lectures and seminars at ISAP and elsewhere. In 2022, she published two articles in the *Journal of Analytical Psychology* (#67/5), including "The Spiral of Plastic Pollution: A Compensatory Urge from the Collective Unconscious for an Ecological-Psychological Transformation of Civilization." She is a board member of the Zürich-based charitable foundation, Sustainability in Agriculture, Health, Education and Environment (sahee). Her interests include development cooperation, ecology, nature, music, and mysticism.

Maria Grazia Calzà, Dr. phil.* grew up under the olive trees of northern Italy. Before earning her diploma at ISAP (2017), she received her PhD in Medieval History, Theology, and Psychology at the Albert-Ludwigs-Universität in Freiburg (DE). She authored a book on the role of the body in the mysticism of Marie d'Oignies, the first Beguine, and has published various articles (e.g., "The Thinking Heart: The Individuation Process in Late Medieval Mystic Women," in *Jung Journal Culture & Psyche*, 10:3, 3-14, 2016). Grazia lectures internationally and conducts her private practice on Lake Garda, Italy, working as a Jungian analyst and philosophical/existential counselor.

Lisa M. Holland, MS,* a licensed clinical counselor and Jungian analyst, graduated from ISAP in 2014. She trained in mindfulness-based somatic psychotherapy, and practices and consults on the Central Coast of California. More recently, Lisa has incorporated neurofeedback into her practice to support physiological regulation, thereby supporting clients' availability to analytic work. Her areas of interest include trauma recovery, creativity, embodiment, and group process. She delights in the study of fairy tales, regularly teaches at ISAP, presents at various international conferences, and gratefully spends several months a year in Italy. www.lisahollandtherapy.com

Isolde Kunerth, Dipl.-Päd.* originally studied graphic design. She graduated from ISAP in 2014 and is licensed in Switzerland for the practice of Psychological Psychotherapy. As a licensed Child and Adolescent Psychotherapist (Germany), she works with children and their families in the educational and therapeutic fields. She also received training in dance/movement therapy, psychodrama, sandplay, expressive painting, and meditation. Isolde currently lives in Tübingen, Germany.

"... free from desire, you realize the mystery.
Caught in desire, you see only the manifestations.
Yet mystery and manifestations arise from the same source.
This source is called darkness.
Darkness within darkness.
The gateway to all understanding."

Lao-tzu, Tao-te-King

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INTERNATIONALES SEMINAR FÜR ANALYTISCHE PSYCHOLOGII INTERNATIONAL SCHOOL OF ANALYTICAL PSYCHOLOGY AGAP POST-GRADUATE JUNGIAN TRAINING

The International School of Analytical Psychology Zürich

was founded in 2004 by AGAP, the Association of Graduates in Analytical Psychology. AGAP is an international, Swiss-domiciled professional association, itself founded in 1954. To date its members number nearly 400 worldwide. AGAP is a charter member of the International Association for Analytical Psychology (IAAP) and is accredited as an IAAP Training Group.

To date, ISAP is the only IAAP-accredited institute offering full-time analytic training that incorporates every year two full semesters (each 12 – 14 weeks) of lectures and seminars. We adhere to Jung's interdisciplinary outlook by admitting candidates with advanced degrees in any field of study. Candidates with advanced degrees in clinical psychology or medicine—and with adequate skills in German, French, or Italian—may qualify to receive a Swiss federal title and cantonal license for the practice of psychotherapy. All graduates of the analytic program are eligible to apply for membership in AGAP and the IAAP.

ISAP's faculty members, guest instructors, and trainees from around the world enrich the program with their diverse professional and cultural backgrounds. Lectures and seminars are held in English and German. Training analysis and supervision are conducted in a many other languages as well.



Community Outreach ISAP reaches out by opening to the general public its regular lectures and special programs such as the *Jungian Odyssey*, the *Zürich Lecture Series*; *Basic Jung*; and the *Märztagung*. These and other continuing education programs are designed for general interest, as well as for professionals within and outside of the field of psychology. Our Counseling Service holds confidential, cost-free consultations leading to referrals for analysis, psychotherapy, or counseling in many different languages and at reasonable rates.

Become a Donor To continue flourishing, ISAP relies on the support of friends. Donations and legacy bequests made through AGAP are exempt from general communal, cantonal, and federal tax in Switzerland. Donations and legacy bequests made through JITZ—the Foundation for Jungian International Training Zurich—are eligible for tax exemption in the USA. To find out about our special projects and needs and how to donate, contact:

<u>treasurer@isapzurich.com</u> -or-<u>president@isapzurich.com</u>

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- Initial consultation cost free
- Appointments: <u>Online Contact</u> T: +41 (076) 366 76 30

TAGUNG - ein Gebot der Stunde

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Freitag, 14. März 2025

Details www.isapzurich.com

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maerztagung@isapzurich.com

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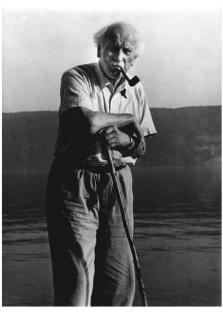
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Per Lecture

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On-site & on Zoom – check www.isapzurich.com for Zoom pricing and up-to-date information.

Dreams

Tue, 25 Feb 13:00–14:45	Dariane Pictet, Ad. Dip. Ex. Psych Key Concepts in Analytical Psychology
15:00–16:45	Ursula Ulmer, MA An Example of Jungian Dream Interpretation
Wed, 26 Feb 13:00–14:45	Nancy van den Berg Cook, PhD Masculine Figures in Dreams: The Meaning and Value of Jung's Concept of the Animus
15:00–16:45	John Desteian, JD, DPsy Dreams and Transference
Thu, 27 Feb	Judith Savage, DPsy
13:00–14:45	"When the Bough Breaks": Dreaming the Lost Child. Perinatal and Early Infant Loss Dreams
15:00–16:45	Paul Brutsche, Dr. phil. Dreams in the Face of Disability, Illness and Death: Interpretation of a Dream Series
Fri, 28 Feb	Douglas Whitcher, PhD
13:00–14:45	Dreams as Simulations: Analytical Psychology and Cognitive Science
15:00–16:45	Joanne Wieland-Burston, PhD



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Dreams and Creativity

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- The Complete Lecture Series General Entry - CHF 400 Jungian Odyssey Attendees - CHF 200 Students & Over 65 on-site – CHF 320 **Includes Confirmation of Attendance**
- Per Lecture

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The Prelude offers four rich days of lectures, an excursion and participation in ISAP's graduation ceremony just before the start of the Jungian Odyssey — a special time for Odyssey guests to experience time at ISAP in Zurich before leaving for the Jungian Odyssey.

A Festive Prelude

Tue, 13 May	Paul Brutsche, Dr. phil.
10:00-11:45	Color Symbolism in Paintings [Part 1 of 2]
13:00–14:45	Diane Cousineau Brutsche, Dr. phil. Lady Soul [Part 1 of 2]
15:00–16:45	Gábor Majdán, MSc The Alchemy of Winemaking
Wed, 14 May	Excursion: Experience the "Black Madonna" in Einsiedeln*
9:30–18:50	Einsiedein"
Thu, 15 May	Paul Brutsche, Dr. phil.
10:00-11:45	Color Symbolism in Paintings [Part 2 of 2]
13:00–14:45	Diane Cousineau Brutsche, Dr. phil. Lady Soul [Part 2 of 2]
15:00–16:45	Susanna Bucher, Dr. sc. nat. ETH Facing the Ecological Abyss: A Collective Search for Transformation
Fri, 16 May	Jakob Lusensky, MSc
10:00-11:45	
13:00–14:45	Peter Ammann, Dr. phil. Rock Art and Psyche: Rock Paintings, Hunting and the Emergence of Directed Consciousness
17:00	Graduation & Apéro
.,.00	* Excursion information: 国本語



ungian Odyssey Prelude • 202

Limited attendance • Registration to office@isapzurich.com Deadline 30.04.25 • Travel and entry costs not included



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Visit the Black Madonna & Monastery Church

Wednesday, 14 May • 9:30-18:50



Visit to the church and chapel
Self pay lunch near the monastery
A talk by Penelope Yungblut on the Black Madonna
Experience Vespers & the Salve Regina sung by the monks

Limited Attendance!

Please register using the QR code to reach the event webpage or via this link: www.isapzurich.com/qr/spring-excursion
Registration deadline 30 April 2025

Costs: CHF 25, to be paid upon registration

Meeting time: Wednesday 14 May at 9:30 Meeting place: Zürich main train station, below the Niki de Saint Phalle angel in the main entrance hall

Each participant arranges their own train ticket to Einsiedeln. We will take the S25 train departing at 9:43. Approximate return to Zürich at 18:50



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