The 15th Jungian Odyssey **Annual Conference & Retreat**



"I thought and spoke much of the I knew many learned words judged her and turned han in or me depths object. [....] Therefore * forced me to spear my pull o call upon her as a living armsen existing being. I had to become awa ather I had los y soul." The Re Book) C.G. 🖊

Rescheduled to 2021 • Save the Dates

Searching for Soul in Times of Anxie

May 29 - Jun . 5, 2021 Parkhore Beau Site erm to, Switzerland

ote Speaker

Prof. Fanny Brewster, PhD

Special Guest

Craig E. Stephenson, PhD

With Faculty of ISAPZURICH

Peter Ammann, Dr. phil. Galina Angelova, M.Theol. Katharina Casanova, lic. phil. Diane Cousineau Brutsche, PhD John A. Desteian, JD, DPsy Deborah Egger, MSW Andrew Fellows, PhD Gary Hayes, lic. phil. John Hill, MA Lisa Holland, MS Ann Chia-Yi Li, MA Bernard Sartorius, lic. theol. Judith A. Savage, MSW Kristina Schellinski, MA Ilsabe von Uslar, lic. phil. Ursula Wirtz, Dr. phil.

SAP7URICH

INTERNATIONAL SCHOOL OF ANALYTICAL PSYCHOLOGY ZURICH AGAP POST-GRADUATE JUNGIAN TRAINING

www.jungianodyssey.com info@jungianodyssey.com

Photo: Zermatt Switzerland Matterhorn Night (2012) by Chensiyuan, GNU Free Documentation License v.1.2

Rescheduled to 2021

In 2020, for the first time ever, we were compelled to cancel the Jungian Odyssey, due to the world-wide spread of COVID-19. We

feel fortunate in being able to reschedule in Zermatt—our originally planned venue—and to offer essentially the same program, with a new keynote speaker, Fanny Brewster. Since 2006 our annual conference and retreat has opened ISAPZURICH's post-graduate program to all with interest in C.G. Jung and Analytical Psychology. "The earth has a spirit of her own," Jung mused, and elsewhere he called it the genius loci, the spirit of the place. It is this, the particular genius loci, that infuses each Odyssey as it leads us to a different place in Switzerland each year and inspires each Odyssey's topic. So, too, this spirit imbues our presenters' analytic views on contemporary research in a variety of fields, and as well, their handling of traditional areas of Jungian interest—fairytale, dream, myth, art, religion, personal and collective experience, clinical practice.



Sunset on the Matterhorn by simonsimages, © 2009

Searching for Soul in Times of Anxiety

The Jungian Odyssey 2021 will be a kind of homecoming as we return (post-2016) for a second retreat Zermatt, the historical village lying at 1,620 meters (5,310 feet), near the foot of the iconic Matterhorn.

This remote but locus now beloved inspires our reflections on the realms of soul. In today's life—so riddled

with anxieties of many kinds—we seem to experience an acute splitting of two archetypally coupled realities: the outer objective world and the world of soul or psychic interiority. We seem to suffer collectively from soul alienation and even soul murder. With soul in exile, do we risk losing touch with that part in us that is immortal? Might a resummoning of soul provide an antidote to anxiety?

Our search for this "untethered" part needs to begin with our (re-)attunement to soul's secret dwelling places, i.e. places that resonate with poetry, beauty, remoteness, ambiguity, brokenness, pain, paradox, mystery. Some apt starting points can be found in the imagery of nature, fairy tale, myth, dream, literature, music, dance, and other arts. What can we learn from alchemy and meta-physics about the soul's autonomy? What other stones might we

A unique feature of the Odyssey 2021 is our offer of one full day of experiential workshops that afford you the chance for intense and creative immersion in your choice of work with the body, dreams, fairy tales, calligraphy, or hiking (weather permitting).

Retreat Setting Parkhotel Beau Site Matterhorn

Our 4-star venue Parkhotel Beau Site boasts a breath-taking view of the Matterhorn and a five-minute walk to beneath the mystical the village center. The hotel is widely praised for its staff courtesy and fine cuisine, as well for its wellness

offerings, which include an indoor heated swimming pool, whirlpools, sauna, and steam bath. The clean and comfortable rooms, furnished with classic elegance, are all equipped with WC, shower, telephone, and free wireless LAN. Early registration is recommended, as the Odyssey typically books out. Also, early birds receive a price advantage!



Odyssey Packages Include • Group train travel Zürich/Zermatt/Zürich with one piece of checked baggage (additional bags at CHF 24.00 each) • 4-star hotel • room & full board (excluding beverages at all meals) • morning meditation • mid-morning coffee breaks • a wine reception • 7-day academic program, special events • an opt-in excursion (extra cost) • Exception: Package #3: The academic program is excluded for the non-attendee partner (apart from the Saturday keynote address, which she/he is welcome to attend). • Exception: Package #4 is a limited "taster" program for residents of the Zermatt area (group train travel, hotel overnights and hotel amenities are not included)

Limited Enrollment • Unparalleled Value

Register soon to ensure your place and save on your Odyssey package! FINAL REGISTRATION DEADLINE • APRIL 1, 2021

See p.11 for important train travel information...

Package Costs • Registration by Feb. 15 • CHF

#1 1 Attendee • 3500.00

#2 2 Attendees, 1 double room, per person • 3290.00

#3 1 Attendee & 1 Non-Attendee, double room • Total 4790.00

#4 Odyssey Taster, per person: 250.00

Package Costs • Registration after Feb. 15 • CHF

#1 1 Attendee • 3800.00

#2 2 Attendees, 1 double room, per person • 3590.00

#3 1 Attendee & 1 Non-Attendee, double room • Total 5270.00

#4 Odyssey Taster, per person: 280.00

ISAP students are subject to other costs, deadlines, and procedures, provided by the Front Office.

To Register, click on the links below

- General Terms & Conditions
- General Registration: Packages #1, #2, #3
- Taster Registration: Package #4

Cover page quote: C.G. Jung, The Red Book: A Reader's Edition, Philemon Series (NY: Norton & Co., 2009), p.128 [2].

Special Events • Odyssey Packages #1, #2, #3

Mon: Film Showing | No Extra Cost

After dinner on Monday, we invite you to a film showing; the title will be announced during the Odyssey.

Tues: Barbeque Dinner | No Extra Cost

We will feast on the delights of a barbeque prepared by the team of fine cooks at Parkhotel Beau-Site—outdoors, if the weather permits. They will grill your choice—be it vegetarian, fish, meat or all of the above!

Fri: Choice of Opt-in Excursion | Box Lunch Included

• Zermatt on Foot | Museum & Village Tour | Cost: CHF 50.00

Walk from the hotel at 10:30 AM; return ca. 3:30 PM. This excursion includes a museum visit and a guided walking tour of the village. The old part of the village is a delight to explore. The barns, stables, and old houses built between the 16th and 18th centuries form a harmonious whole. The old setting stands in contrast to the newer parts with modern hotels, chalets, and churches. The mountaineers' cemetery contains the graves of climbers who perished in the surrounding mountains.

• Train to Gornergrat, Hotel Kulm | Cost: CHF 80.00

Walk from the hotel at 10:30 AM; return ca. 2:15 PM. A journey to this famous ridge entails a steep ride (30 minutes) on a train whose origin traces to Switzerland's first mountain rack and pinion railway, opened in 1896. It remains to

be Europe's highest open-air railway—not for the faint-hearted! Our destination, the Hotel Kulm summit observatory at 3120 meters/10,326 feet, offers a stunning panorama of 29 mountains whose altitudes exceed 4000 meters/13,000 feet. Among those in view is Switzerland's highest peak (Dufourspitze, 4634 meters/15,203 feet) and, of course, the Matterhorn.

• Alternative: Stroll on Your Own Along Pension Path | No Cost

Accessible for young children and persons in wheelchairs, the Pension Path (AHV-Weg) is an easy walk, ca. 2 hours, but by no means reserved for seniors. The round trip covers a distance of some 2.2 km/1.4 miles, leading slightly uphill to the tracks of the Gornergrat Rail—a great chance to see the working mechanism of a rack-and-pinion railway close up. The path then goes into larch woods and tranquil seclusion. Along the way, young people of Zermatt have created a discovery trail. Walkers who keep their eyes open will be rewarded with some happy surprises. At the end, a stairway leads back down to the village.

Fri: Wine Reception | Gala Closing Banquet | No Extra Cost

Return from your excursion, rest up, and get ready for our traditional gala closing with a wine reception and special 4-course dinner, music, and dancing! Live music by Lewis Larke: http://www.lewislarke.com

Photos, top to bottom:

- 1_Barbeque Dinner, Hotel Beau Site, by ISAP Student Kosuke Hayashi ©2016.
- 2_Zermatt Village, by Kosuke Hayashi ©2016.
- 3_Gornergrat Observatory Switzerland, by Christopher Koch, 2010, Creative Commons Attribution 2.0 Generic license (accessed 19 Oct, 2019).
- 4_Along the Way, Benches for Relaxing [Pension Path] © Fabienne Schaller, with kind permission of Zermatt Tourism (accessed 14 Dec. 2015).
- 5_Gala Dinner, Hotel Beau Site, by Kosuke Hayashi @2016.











Jungian Odyssey Program • 2021 Searching for Soul in Times of Anxiety

Hotels for Your Stay in Zürich p.11 • Important Group Travel Information p.11 Program Overview p.12 • Presenters' Biographies p.13 • Recommended Reading p.15 Train schedules on May 29 and June 5 will be confirmed, at latest, in early Spring 2021.

SATURDAY MAY 29

Schedule • Group Train Travel • Zürich to Zermatt

For the return trip, see p.10.

8:00 am
Check-in at the "Red Cube" Group Meeting Point at the Zürich Main Station (Hauptbahnhof)

9:02 am
Train Departs
Transfer in Visp
Arrival in Zermatt, Wine Reception, Lunch, Hotel Check-in

19:00
Latest expected delivery of checked baggage

Opening Program

16:00-16:30 Welcome to the Jungian Odyssey

Ursula Wirtz, Dr. phil.

Academic Chair, Jungian Odyssey

16:30-17:45 **Keynote Address**

Prof. Fanny Brewster, PhD
Agonies of the Soul: Race, Racism, and Cultural Complexes (L)

As we encounter increasingly higher levels of conflictual racial tensions based on cultural complexes, it appears valuable to consider C.G. Jung's original idea of a "color complex." How can we develop a deeper understanding of psychological and sociological elements that influence how we are with one another in our collective? Ethnic and cultural differences can be evident. Recognition of unconscious racial complexes is not as obvious, and yet requires much of us, aimed at psychological

healing.

18:30-19:45 Dinner

20:00-21:30 Who's Who?

An informal gathering for getting acquainted

KEY

L = Lecture S = Seminar

SoL = Seminar on Lecture L&S = Lecture & Seminar

W = Workshop

W+ = Experiential Workshop

Confidentiality is to be strictly observed for all experiential workshops (W+), for our temenos, and also for seminars that deal with case material.

Experiential workshops (W+) entail self-exploration and expression of one's personal life. Therefore, for the protection of personal boundaries, attendance of these workshops is excluded for analysts of ISAPZURICH and any others who might anticipate encountering analysands or supervisees in this context.

We appreciate your understanding that the program may be subject to change, within limits.

SUNDAY

MAY 30 Meditation 7:15-7:45 **Breakfast** 7:30-8:45 9:00-10:15 Fanny Brewster, PhD The Healing Work of Shadow Integration (L) Reflections on the racial complex, its features and the potential for "be-friending" our complexes. If the center of this complex is Shadow, then the anticipated psychological work might suggest engagement on an archetypal as well as an ego level. 10:15-10:45 Coffee Break | Book Sales 10:45-12:00 Peter Ammann, Dr. phil. In Search of the Re-Enchanted World (L) My presentation expands on Jung's recognition of synchronicity, a divinatory technique used in the I Ching. I see Jung's work as a critical step toward a "reenchantment of the world," a rehabilitation of a Weltanschauung in which the ancient concept of anima mundi can re-find its place. Divinatory techniques have always played an important role in indigenous, traditional healing systems, in particular on the entire African continent. They represent a unique corpus of empirical material supporting Jung's understanding of synchronicity and a crucial contribution to the reenchantment of our world and the rehabilitation of the ancient concept of anima mundi or "Weltseele." With film showings. 12:00-14:00 Lunch CHOICE 14:00-16:00 > Fanny Brewster, PhD The Healing Work of Shadow Integration (SoL) > Peter Ammann, Dr. phil. In Search of the Re-Enchanted World (SoL) > John Hill, MA Inconvenient Twins: Balancing Anxiety and Aggression (L&S) Aristotle was the first to describe this balancing act, which he formulated as the Golden Mean. If there is too much anxiety there is too little aggression; if there is too much aggression there is too little anxiety. Fear can paralyze you and prevent an authentic unfolding of life, but fear enables you to recognize dangers, read expressions in people's faces and plays a huge role in social behaviour. Aggression can destroy what you most cherish in life, but with a healthy aggression you make yourself known and gain presence in the world. Examples from dreams and active imagination show how the balance can be restored. 17:00-18:00 **Temenos** For the early Greeks a temenos was an area set apart from everyday life, a holy precinct or sacred ground. Following C.G. Jung's metaphorical use of the image, our temenos offers for all who wish to join a protected space for the sharing of personal experience, insights, and questions related to the conference. Facilitated

Thursday.

by Ursula Wirtz and contained in mutual respect and confidentiality, this is an open exchange that can deepen our spirit of community. Offered also on Monday and

Dinner 18:30-19:45

[&]quot;There is no greater agony than bearing an untold story inside you."

[•] Maya Angelou, I Know Why the Caged Bird Sings (Random House, 1969/2009)

MONDAY MAY 31

7:15-7:45 Meditation 7:30-8:45 Breakfast

9:00-10:15 Deborah Egger, MSW

Anxiety as a Pathway to Soul (L)

In this lecture I explore anxiety's role in normal development, in dealing with trauma, in boundary formation/separation, and in intimacy and "being seen." Viewing such dynamics through the lens of individuation, I touch as well on the idea that the suffering of anxiety may be necessary for re-connecting to soul. Poetry and vignettes will help to illustrate.

10:15-10:45 | Coffee Break | Book Sales

10:45-12:00 Kristina Schellinski, MA

Death Anxiety—A Summons for the Soul (L)

Fear of annihilation, or death anxiety, is prevalent both in individuals and in our collective. Clinical case material illustrates how death anxiety can initiate a self-search and processes of change, which lead toward new connections with soul and individuation. At the same time, I ask if, within the collective, we might find ourselves in near-revolutionary process of change. Is it the beginning of a new era, as Jung posits in Aion? If so, the outer and the inner worlds can feel especially polarized and anxiety-provoking. In such circumstances gentle summonings of soul may not suffice. Rather, soul-seekers may be called to submit to initiation rites, to a rebirthing of soul, such as Jung describes in his vision of sacrificial murder in *The Red Book*.

12:00-14:00 Lunch

CHOICE 14:00-16:00

> Deborah Egger, MSW (SoL)

In this seminar I will refer to clinical case material to deepen the exploration of personal work on anxiety in intimate relationships.

- > Kristina Schellinski, MA (SoL)
- > Gary Hayes, lic. phil. (S)

Maybe There is Another Version of You

In this seminar we will explore what anxiety and panic attacks are trying to communicate to us—messages which, otherwise, we most likely would never heed.

17:00-18:00

Temenos

Our temenos offers for all who wish to join a protected space for the sharing of personal experience, insights, and questions related to the conference.

18:30-19:45

Dinner

20:00-21:30

Film Showing • Title to be Announced

"The problem still remains: how to overcome or escape our anxiety, bad conscience, guilt, compulsion, unconsciousness, and instinctuality. If we cannot do this from the bright, idealistic side, then perhaps we shall have better luck by approaching the problem from the dark, biological side." • Jung, *Memories, Dreams, Reflections*, Ed. Aniela Jaffé, Trans. Richard & Clara Wilson, Reissue Edition (Vintage: 1989), p.152.

TUESDAY JUNE 1

7:15-7:45 Meditation

7:30-8:45 Breakfast

9:00-10:15 Craig E. Stephenson, PhD Our Dream of Safety (L)

The word "anxiety" has shifted its denotation and connotations over the five successive editions (1948-2013) of the American Psychiatric Association's *DSM*. Most recently, the fifth edition defines generalized anxiety as a disorder that manifests as a period of involuntary anticipatory worry accompanied by three or more persistent problems including restlessness, fatigue, irritability, muscle tension and sleep disturbance. Treatment strategies range between correcting anxiety as a chemical imbalance to addressing anxiety psychoanalytically as meaningful to the privileged few. As much as we recognize generalized anxiety as profoundly disordering, as clinicians we sometimes move with analysands towards an ironic re-valuing of anxiety, in a way that takes us back to Kierkegaard's mapping of that place: "learning to be anxious so as not to be ruined either by never having been in anxiety or by sinking into it." When does individuation involve, among other tasks, letting go of a collective dream of safety and learning how to be anxious?

10:15-10:45 Coffee Break | Book Sales

10:45-12:00 Bernard Sartorius, lic. theol.

Dead Souls (L)

From the ancient Egyptians' concerns about the afterlife to Gogol's novel *Dead Souls*, soul and death were in many ways deeply connected. Our core reflections will circle around the question, is this still the case today? If so, in what ways?

12:00-14:00 | Lunch

CHOICE 14:00-16:00 > Craig E. Stephenson, PhD (SoL)

> Galina Angelova, M.Theol.

Finding the Precious Pearl: Religious Experience and the Soul (S)

Jung stressed the importance of religious or spiritual experience for one's inner development, individuation, and connection with the soul and *anima mundi*. In this seminar we will explore some of Jung's ideas on authentic spiritual experience and ways to foster the connection with the transcendent. We will also address the relationship between institutionalized religion/culture and religious experience as such. Readings from religious texts, mysticism, and poetry will support our exploration.

> Katarina Casanova, lic. phil. & Ilsabe von Uslar, lic. phil. An Encounter with Soul—Part 1 (W+)

Attendance of Part 1 is prerequisite to attendance of Part 2 (Wednesday). Our experiential workshop begins with a question: How do we define soul, in theory? With which words, concepts, ideas? After a short discussion, we will "feel" our way toward answers with our own hands: Working with clay or other modelling materials, we will open the way for images of soul to emerge—a certain figure, perhaps, or an abstract shape, or a mask...?

18:30-20:00 Barbeque Dinner

"You dread the depths; it should horrify you, since the way of what is to come leads through it. You must endure the temptation of fear and doubt, and at the same time acknowledge that your fear is justified, and your doubt is reasonable. How otherwise could it be a true temptation and a true overcoming?" • Jung, *RB*: *Reader's Ed.*, p.192.

WEDNESDAY IUNE 2

7:15-7:45 Meditation 7:30-8:45 Breakfast

9:00-10:15

John A. Desteian, JD, DPsy Meaning in the Age of Anxiety (L)

Anxiety is not fear, eagerness, or worry. Anxiety does not know its object, and so, cannot know its meaning. We live in The Age of Anxiety, personal, cultural, and existential. The current epoch follows on the Age of Definition, and now runs concurrently with the Age of Anxiety. This is where depth psychology comes in, and to which we can be grateful for disclosing the meaning of anxiety. My lecture will examine the interplay between personal, cultural, and existential anxiety, from both archetypal and psychological perspectives.

10:15-10:45

Coffee Break | Book Sales

10:45-12:00

Judith A. Savage, MSW

Resolving the Deepest Split: Jung and Active Imagination (L)
Anxiety signals too great a split between the inner and outer realms. As

Anxiety signals too great a split between the inner and outer realms. As psychosomatic symptom, anxiety exposes the vulnerability of an overvalued ego state defensively twisting its own interiority into a rejected and irrational shadow. Following his break with Freud, Jung suffered from just such anxiety that initiated a decade long search for his "lost soul." As unconscious symbols spontaneously expressed themselves in his fantasy, play, and images, he eventually realized the healing method of "active imagination." My lecture will explore how active imagination may help resolve psychic splits and foster individuation as told through the creative lens of Jung's *Red Book*, the building of his tower at Bollingen, and as illustrated by the drawings of some of his earliest analysands.

12:00-14:00

Lunch

CHOICE 14:00-16:00

> Judith A. Savage, MSW (SoL)

In this seminar we will draw on many images to deepen our discussion of the lecture topic.

- > John A. Desteian, JD, DPsy (SoL)
- > Katarina Casanova, lic. phil. & Ilsabe von Uslar, lic. phil. An Encounter with Soul—Part 2 (W+)

Attendance of Part 1 is prerequisite to attendance of Part 2! Part 2 begins with the soul images that emerged on the previous day. We will share our reflections on their personal meanings, and how the meanings might relate to others—be they in our closer or wider circles, in our families, or in our social groups and cultures. This dialogue will be followed by a relaxing meditation that guides each of us toward a vision of our soul image located within a certain place, a house, or some other context. Time and materials will be provided to draw these new images or to "picture" them in writing.

17:00-18:00

Temenos

18:30-19:45

Dinner

"These two things, the immense concentration on one's inner world and the immediate response to the other person, were to me the synthesis of the whole human being. The unrelated human being lacks wholeness, for he can achieve wholeness only through the soul, and the soul cannot exist without its other side, which is always found in a 'You.'"

• Jung, *The Practice of Psychotherapy*, CW16, §454.

THURSDAY JUNE 3

7:15-7:45

Meditation

7:30-8:45 Breakfast

A Day of Intense Immersion • Your Choice • Advance Sign-up Required

- Coffee break at the discretion of each group, 10:15-10:45*
- Lunch as usual, 12:00-14:00*

*Exception: Lecture & Hike w/Andrew Fellows

CHOICE

9:00-16:00 Lecture & Hike with box lunch

Andrew Fellows, PhD

Reconnecting with the World Soul: Necessity and Experience

We need to reconnect with the world soul to accept willingly the material frugality without which imminent ecological and social breakdown are now inevitable. This assertion will be explained in my lecture, with emphasis on Jung's theories, plus the new sciences. The lecture will be complemented by a hike and dialogue with each other and with nature in the vicinity of the Matterhorn. Suitable clothing and footwear, and a reasonable degree of fitness are required. Participants are responsible for their own food and other provisions, travel costs (if any), insurance, and safety. Should the hike be cancelled due to bad weather, we will conduct our dialogue in a seminar setting at Hotel Beau Site. If you have questions about the hike, don't hesitate to contact me.

I will supply further information as soon as it is available: andrew.fellows@me.com

9:00-16:00 Lecture & Workshop

Ann Chia-Yi Li, MA

The Dance of the Reed: Cultivating Quietude in Times of Anxiety

Can harmony with Tao contribute to our gaining of strength in times of anxiety? My lecture includes readings from *The Secret of the Golden Flower*, considering them from the perspectives of Daoist alchemy and analytical psychology. We will limit our focus to the role of the ego, studying examples from the practice room and everyday life. In the workshop, we will put our understandings from the lecture into practice, by experimenting with Chinese calligraphy. Materials will be supplied, and discussion will follow our practice with calligraphy.

9:00-16:00 Workshop+

Diane Cousineau Brutsche, PhD Listening to the Voice of the Soul: Unearthing Buried Treasures in Our Dreams

Dreams often leave us bewildered. To welcome these messages from the soul is to leave aside our habitual ways of thinking and enter the symbolic, imaginal realm. For those unfamiliar with it, I will provide an introduction to the basic Jungian approach to dreams. Then, with the help of relaxation and guided imagery, we will explore this other reality. For this purpose, I will supply some dreams. But participants are welcome and encouraged to bring their own dreams. Send your contributions by email attachment, marked "confidential," no later than May 14: dianecousineau@gmx.net

9:00-16:00 Lecture & Workshop+

Lisa Holland, MS

Skin: Barrier and Bridge in the Intersubjective Field

Our skin constitutes a liminal space where "I and Thou," inner and outer, unconscious and consciousness meet in the cells and tissues of our beings. In this lecture and experiential workshop, we will explore the symbols and practicalities of skin and touch, referring to fairy tales, clinical material, and personal experience. Who "gets under our skin"? Who or what causes "goose bumps" to rise on our arms?

17:00-18:00 18:30-19:45 Temenos Dinner

FRIDAY JUNE 4

JUNE 4	7:15-7:45 7:30-8:45	Meditation Breakfast
	9:30-15:00	Excursion Day • Choice • With Box Lunch* Gather at 10:00 to walk from the hotel • 10:30 – 15:30 Museum and Guided Walking Tour of Zermatt • 10:30 – 14:15 Train Trip to Gornergrat and the Summit Observatory • Alternative: Stroll Pension Path on Your Own
		* Box lunch on this day is for everyone, with or without excursions. We will make our own box lunches during breakfast, selecting from the buffet.
SATURDAY	19:00	Gala Closing Reception, Banquet, Music & Dancing Music by Lewis Larke Originally from the UK, Lewis has lived for many years in Switzerland, where he has earned acclaim as solo musician, as a member of the Fluhalp Band, and for his artistic collaborations with others. Those who heard Lewis and danced to his music at our last Odyssey in Zermatt (2016) will fondly remember his broad musical spectrum and extraordinary rapport with his audience.
JUNE 5	7:30-8:45	Breakfast

Group Travel

• The train schedule will be confirmed, at latest, in early Spring 2021.

8:15	Load Baggage for transport to the Zermatt train station
10:00	Check-in at the Zermatt Train Station
10:37	Train Departure
	Transfer in Visp
13:58	Arrival at Zürich Main Station
15:00	Latest expected delivery of baggage checked through to the Zürich airport; pick up at the airport train station
18:00	Latest expected delivery of checked baggage for your own pick-up at the Zürich Main Station

"My soul, where are you? Do you hear me? I speak, I call you—are you there? I have returned, I am here again. I have shaken the dust of all the lands from my feet, and I have come to you, I am with you. After long years of long wandering, I have come to you again. [....]

Give me your hand, my almost forgotten soul. How warm the joy at seeing you again, you long disavowed soul. Life has led me back to you. Let us thank the life I have lived for all the happy and all the sad hours, for every joy, for every sadness. My soul, my journey should continue with you. I will wander with you and ascend to my solitude."

• Jung, RB: Reader's Ed., pp.127 [1], 128 [1].

See the next pages for important additional information...

Your Stay in Zürich

For your overnight stay in Zurich on Friday, May 28—or for your stay during the Interlude—we recommend the two hotels below. Both are centrally located, within walking distance from the main train station, close to public transportation, and include breakfast and free wireless LAN. For other convenient options, click here: Accommodations.

Hotel Walhalla • Limmatstrasse 5, 8005 Zürich

Tel: +41 (0)44 446 5400 Email: info@walhalla-hotel.ch Website: https://walhalla-hotel.ch/en/

Hotel Montana • Konradstrasse 39, 8005 Zürich

Tel: +41 (0)43 366 6000

Email: reservation@hotelmontana.ch

Website: http://hotelmontana-zurich.com/en_UK/

Group Travel Information

Train schedules to be confirmed, at latest, in early Spring 2021.



Saturday, May 29 • Train Zürich to Zermatt See the schedule on page 4 of this brochure

The early gathering on this day (8:00 am) allows us to ensure that your baggage is checked-in on time and that we go together to board our reserved rail car. We will have the group ticket; be sure to have your passport or national ID card on hand.

Saturday, June 5 • Train Zermatt to Zürich See the schedule on page 10 of this brochure

Will your return trip entail a transfer to connecting trains, flights, or other scheduled matters? If so, to avoid delays, you might consider hand-carrying your baggage on the train from Zermatt. • Baggage checkedin at the Zermatt station is due to arrive no later than 18:00 (6:00 PM) for your pick-up at the Zurich Main Station. • We can help arrange to have your baggage delivered from Zermatt to the Zurich Airport or other Swiss train stations. • Baggage is due to arrive no later than 15:00 (3:00 PM) for your pick-up at the Zürich Airport (train station).

Interlude • May 26-28, 2021

Consider coming early to Zürich, to attend the ISAP Interlude on your way to the Odyssey! This is a chance to experience our on-campus life and historically protected home, the erstwhile post office built in 1911, with an Art Nouveau design. At this occasion you are welcome to:

- Attend the 3-day academic program with a package discount for lectures & seminars
- Join our spring semester excursion
 The Jung Museum in Gommiswald—At cost for round-trip transportation & museum entry
- Celebrate with us
 Semester closing with music, wine, and bounteous appetizers (Apéro riche)—No cost
- Private appointments for analysis or supervision Costs and payment methods vary according to the analyst.

To arrange appointments, consult our Directory of Analysts

Or write to: counseling.service@isapzurich.com

Kindly make appointments with the Counseling Service and individual analysts well ahead of your arrival.

Attendance of the Interlude requires separate registration and payment.

For program details & registration, write to: office@isapzurich.com

Jungian Odyssey Committee

info@jungianodyssey.com • Fax +41 (0)43 268 5619

Academic Chair: Ursula Wirtz, Dr. phil. Co-Chairs: Stacy Wirth, MA Susanna Bucher, Dr. Sc. nat. ETH Katarzyna Wach, Mgr.Psych., Soc.Psych.

To see pictures of the Jungian Odyssey 2019, click on the link below:

Rupture and Repair: Minding Crippling Emotions

Hotel FloraAlpina Vitznau, Switzerland

Photos by ISAP Student Enid Madaras ©2019

Overview • Jungian Odyssey 2021 • Within limits, the program is subject to change.

KEY • L=Lecture • S=Seminar • SoL=Seminar on Lecture • L&S=Lecture & Seminar • W=Workshop • W+=Experiential Workshop

ROOMS	Gornergrat Saal	Saal	Veranda-1	-1 Veranda-2	2 Game Room	n Room 112	12	
	Sat May 29	Sun May 30	Mon May 31	Tues June 1	Wed June 2	Thurs June 3	Fri June 4	Sat June 5
7:15-7:45	Group Travel Schedule	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation	
7:30-8:45	8:00 Check-in Main Station	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00-10:15	9:02 Train Departure	Brewster (L)	Egger (L)	Stephenson (L)	Desteian (L)	Li (L&\ Cousir Hollan Fellow	9:30 Gather for	Group Travel Schedule 8:15
10:15-10:45	Train Transfer	Coffee, Book Sales	Coffee, Book Sales	Coffee, Book Sales	Coffee, Book Sales	n <mark>eau</mark> d (L8	box lunch pick-up and	Load baggage
10:45-12:00	12:14 Arrival Zermatt*	Ammann (L)	Schellinski (L)	Sartorius (L)	Savage (L)	&W+)	excursions	10:00 Check-in w/JOCom Zermatt Station
12:30-14:00	Reception, Lunch	Lunch	Lunch	Lunch	Lunch	Le w/b		10:37 Train Departs
14:00-16:00	Hotel Check-in		Hayes Schelli Egger		Casan	Cousin	15:00 Approx. Return	Train Transfer in Visp 13:58
	16:00-17:45 Welcome Ursula Wirtz	&S) nn (SoL) ter (SoL)	nski (SoL)	ova (S) ova & v.Us enson (SoL	an (SoL) ova & v.Us e (SoL)	eau (conti d (continui		Arrival Zürich Main Station 18:00
	Keynote Address Fanny Brewster				ılar (W+)			at the Main Station The baggage could arrive earlier; 18:00 is
								the latest expected delivery time.
17:00-18:00		Temenos Wirtz	Temenos Wirtz		Temenos Wirtz	Temenos Wirtz		
18:30-19:45	Dinner	Dinner	Dinner	Barbeque Dinner	Dinner	Dinner	19:00 Gala	
20:00-21:30	Who's Who?		Film Showing				Reception, Banquet, Music	

*19:00 Latest expected delivery of checked baggage

ISAPZURICH International School of Analytical Psychology Zurich • AGAP Post-Graduate Jungian Training

Presenters' Biographies

*Member of the Faculty, ISAPZURICH
 CGJI-ZH = C.G. Jung Institute Zürich, Küsnacht
 JOS = Jungian Odyssey Series, published by Spring Journal and Books

SPECIAL GUESTS

Fanny Brewster, PhD I first came to Jungian Psychology through a wish to study dreams and the dreaming life. My dreams had been influential from an early age. When I decided to change my profession from that of a Speech Pathologist to one of Psychologist, I wanted the focus to be about dreamwork as an essential aspect of soul, consciousness, and creating change in my life and that of others. I arrived at Pacifica Graduate Institute to study dreams, which I did, and left with a PhD in Clinical Psychology. My engagement with dreams was equal to my interest in writing. An underpinning of my interest in dreams has been spirituality and seeking to find ways to deepen my understanding for not only human behavior but also the more important unconscious dynamics of being. The path for this was ever-changing, grew larger at times, and in some instances seemed to just disappear. Those periods of darkness were lit by my dreams. They guided me. On the journey I have studied writing, obtaining an MFA in Creative Nonfiction, studied the Enneagram with Helen Palmer and worked in public schools as an Educational Psychologist. My inner work has led to Zen Buddhist practice as well as the Church of Religious Science. Each of these experiences and more have deepened me as a Jungian analyst. My most recent writings, including The Racial Complex: A Jungian Perspective on Culture and Race, have provided me with a psychological lens that hopes to better understand our consciousness regarding race, racism and the deconstruction of ideas that support us in embracing the fullness of ourselves as both human and divine. I'm intrigued by how we do this as individuals, and how we can invoke this through our passionate engagement with each other in our collective.

Craig E. Stephenson, PhD is a graduate of the CGJI-ZH, the Institut für Psychodrama auf der Grundlage der Jungschen Psychologie, Zumikon, and the Centre for Psychoanalytic Studies, University of Essex. His books include Possession: Jung's Comparative Anatomy of the Psyche (2009/2016), Anteros: A Forgotten Myth (2011), Jung and Moreno: Essays on the Theatre of Human Nature (2013), and Ages of Anxiety: Jung's Types as Inspiration for Poetry, Music and Dance (Zurich Lecture Series, 2016). For the Philemon Foundation, he edited On Psychological and Visionary Art: Notes from C. G. Jung's Lecture on Gérard de Nerval's Aurélia (2015). He served as Director of Training for the Jungian Psychoanalytic Association (JPA) and has a private practice in New York City.

FACULTY, ISAPZURICH

Peter Ammann, Dr. phil.* studied music (cello) and musicology. He later trained at the CGJI-ZH and is now a training analyst, supervisor, and lecturer at ISAPZURICH, maintaining his private practice in Zurich. He has lectured internationally. Peter is moreover an avid documentary film-maker, having discovered this path in the 1960's, after apprenticing in Rome with Federico Fellini. Peter's documentaries include: Hlonipa: Journey into Wilderness; Sandplay with Dora Kalff; Spirits of the Rocks, and Mabi's Feast—Sangomas Celebrating San. Anticipating the commemoration of Marie-Louise von Franz's 100th birthday in 2015, Peter contributed along with others to produce a new edition of the documentary film by

Françoise Selhofer (1982/2015), *Marie-Louise von Franz*, which now has been released with subtitles and voice-overs in several languages.

Galina Angelova, M.Theol.* born in Bulgaria, studied theology in Switzerland and at Union Theological Seminary in New York City, where she deepened her interest in Analytical Psychology working with Ann Ulanov. Galina is an ordained pastor of the Swiss Reformed Church, working in a local parish and in palliative care. Her areas of interest include ritual, feminist theology, spiritual care, and the relationship between religion and psychology. She is a graduate of ISAPZURICH and conducts a private practice in Türich

Katarina Casanova, lic. phil.* is a clinical psychologist and Jungian analyst, received her diploma in Analytical Psychology from CGJI-ZH in 2001. She works at ISAP and CGJI-ZH as an analyst, supervisor and lecturer, and conducts her private practice in Zürich. Her main interests are dreams, picture interpretation, theory of complexes, and history of religion.

Diane Cousineau Brutsche, PhD* was born in Montreal, Canada. She earned a doctorate in French literature from the University of Paris and a Diploma in Analytical Psychology from the CGJI-ZH. She has a private practice in Zurich and is a training analyst, supervisor, and lecturer at ISAPZURICH. Among her publications are the essays, "Even Fairy Godmothers Can Fail" (JOS Vol. VII, 2015); "Betrayal of the Self, Self-Betrayal, and the Leap of Trust: The Book of Job, a Tale of Individuation" (JOS Vol. III, 2011); "Lady Soul," in Spring: A Journal of Archetype and Culture, Symbolic Life, Vol. 82, 2009; and her book, Le paradoxe de l'âme. Exil et retour d'un archétype (Georg Editeur, 1993).

John A. Desteian, JD, PsyD* is a diplomate Jungian psychoanalyst and has been in private practice in Saint Paul Minnesota since 1983. He authored the book Coming Together—Coming Apart: The Union of Opposites in Love Relationships (Sigo Press, 1990). His many articles and book reviews appear in professional journals and anthologies that focus on interpersonal (object) relations, gender, creativity, and politics. His published essays include "The Dawn of Religious Consciousness: Abraham, Isaac, and the Aqedad" (JOS Vol. III, 2011). John is the founder and former chairman and executive director of the US foundation, Jungian International Training Zurich (JITZ). From 2004 to 2013 he was a member of the AGAP Executive Committee, serving from 2010-2013 as AGAP co-president and member of the IAAP Executive Committee.

Deborah Egger, MSW* is a training and supervising analyst at ISAP and one of the school's founders. She holds a BA in Religion and Psychology, an MSW in Clinical Social Work, and received her Diploma in Analytical Psychology from the CGJI-ZH in 1990. She teaches regularly on the subjects of transference phenomenon, developmental psychology, and attachment theory and its interface with the intersubjective motivational system. Among her publications are "Trust and Betrayal in Adult Relationships" (JOS Vol. III, 2011) and "What is Wrong with Anima/Animus? [...]" (JOS Vol. 1, 2009). Maintaining her private practice in Stäfa, she has served as ISAP President since 2016. As a past president of AGAP, she served on the IAAP Executive

Committee. She has two grown children and holds American and Swiss citizenship.

Andrew Fellows, PhD* holds a Doctorate in Applied Physics, and enjoyed many years of international profess-sional engagement with renewable energy and environmental policy. He is a Training Analyst with ISAPZURICH, has private practices in Zürich and Bern, and has lectured in many countries about aspects of his book, *Gaia, Psyche and Deep Ecology*. His academic interests include the impact of new sciences on Jungian psychology and application of the resulting insights to the ecological crisis. Andrew lives over 3,000 feet above sea level in rural Switzerland without a car or television, and enjoys making music and being in nature.

Gary R. Hayes, lic. phil.* is a native of Western New York where he grew up on the boarder to Canada. His first degree is from SUNY, the State University of New York. After marriage at the age of 27, he moved to Zürich with his Swiss wife. His graduate degree in German, English, and Linguistics is from the University of Zürich. In 1990 he received his Diploma in Analytical Psychology from the CGJI-ZH, where he was appointed as a Training Analyst and Supervisor in 1998. In 2004 Gary moved to ISAP-ZURICH, where he has been actively involved ever since. As a lecturer and seminar leader there, he teaches in his special fields of interest which include: dreamwork, the role and function of the father, narcissism, fear, anxiety and panic attacks and the psychological meaning of myths and folk tales. Gary has also been active in presenting to various groups of Chinese students who come to ISAP for incremental training.

John Hill, MA* received his degrees in philosophy at the University of Dublin and the Catholic University of America. He trained at the CGJI-ZH, has practiced as a Jungian analyst since 1973, and is a training analyst at ISAPZURICH. His special interests have encompassed the association experiment, Celtic myth, James Joyce, dreams, and Christian mysticism. His recently published works include the essay, "Fairy Tale Drama: Enacting Rituals of Play, Laughter, and Tears," in Jung and Moreno: Essays on the Theatre of Human Nature, ed. Craig E. Stephenson (Routledge, 2014), and his book, At Home in the World: Sounds and Symmetries of Belonging, Zurich Lecture Series in Analytical Psychology (Spring Journal Books, 2010).

Lisa Holland, MS, LPCC* is a Jungian Analyst, practicing and teaching on the Central Coast of California, USA. She is trained in mindfulness-based, somatic (body-centered) psychotherapy and has recently begun offering Neurofeed-back training to support physiological regulation, thereby enabling clients to be more available to analytic work. Lisa's areas of interest include trauma recovery, creativity, women's empowerment and embodiment, and group process. She delights in the study of fairy tales, regularly offers seminars at ISAPZURICH, and gratefully spends several months a year in Italy.

Ann Chia-Yi Li, MA* is originally from Taiwan, where she studied Chinese Literature and English Literature. She is a training analyst of ISAP, and maintains a private practice in Zurich. Ann has served on the ISAP Program Committee since 2013. In 2015, she initiated the international MuShuei Jung Conference and Retreat in Taiwan. In 2016, she cofounded a systematic Jungian study program through the establishment of the Analytical Psychology School SG in Singapore. She has lectured widely on Daoist alchemy, *The Red Book*, active imagination, and Zen meditation.

Bernard Sartorius, lic. theol.* received his degree in theology from University of Geneva in 1965 and worked for several years as a protestant minister. He graduated from CGJI-ZH in 1974, maintaining his private analytical practice first in Geneva, and since 1997 in Lucerne and Zurich. He is a training analyst and supervisor at ISAPZURICH. Among his publications are the essays, "Failure is the End" (JOS Vol. VII, 2015); "The Silence of 'God'" (JOS Vol. VI, 2014); "La Mecque où/ou on meurt," in Vouivre, Cahiers de psychologie analytique, Pèlerinages, Numéro 11, 2011; and his book on the orthodox church, L'Eglise orthodoxe, Grandes religions du monde, Vol. 10 (Edito-Service, 1982).

Judith A. Savage, MSW* completed her post-graduate studies in analytical psychology at the C.G. Jung Institute in Zurich and the Inter-regional Society of Jungian Analyst in 1987. As a long-time member of the Interregional Society she served as a member of its Training Committee and its Executive Committee as its Secretary and Vice President. She lectures internationally at Jungian training seminars and associations and is a faculty member of the Minnesota based Prairie Care Psychiatric Hospital Mentorship Program. She is the author of Mourning Unlived Lives: A Psychological Study of Childbearing Loss (Chiron) as well as several articles in analytic journals. Recently she was accepted as faculty member at ISAPZURICH and a member of the Association of Graduates in Analytical Psychology Zurich (AGAP). She is in in private practice (Psychoanalytic Consultants) with her husband, John Desteian, in St Paul, Minnesota.

Kristina Schellinski, MA* is a Jungian analyst in private practice in Geneva. She is a Training Analyst and Supervisor at ISAPZURICH and CGJI-ZH. She most recently authored the book, *Individuation for Adult Replacement Children* (Routledge, 2019). Her other publications include: "When Psyche Mutters Through Matter: Reflections on Somatic Counter-Transference," in JOS, Vol. IV, 2012; "Who am I," in *Journal of Analytical Psychology 2014*; "A Cause for Home: How the Repeatedly Uprooted in a Global Society May Find a Home in the Soul," in *The Guild of Pastoral Psychology 2014*; and "The 'Ghosts' of Two World Wars: Is the Replacement Child Complex a Layer in the Cultural Complex of the European?" in *Europe's Many Souls: Exploring Cultural Complexes and Identities*, eds. Jürg Rascher, Thomas Singer (Spring Journal: 2016).

Ilsabe von Uslar, lic. phil.* is a clinical psychologist and Jungian analyst. She received her diploma in Analytical Psychology from CGJI-ZH in 1996. She is an analyst, supervisor and lecturer at ISAP and maintains her private practice in Zürich. Her main interests are dreams, imaginative techniques and trance induction, picture interpretation, and theory of complexes.

Ursula Wirtz, Dr.phil.* holds a doctorate in literature and philosophy from the University of Munich, and a degree in clinical and anthropological psychology from the University of Zurich. She graduated from the CGJI-ZH in 1982. Today she is academic chair of the Jungian Odyssey Committee, and a lecturer, training analyst, and supervisor at ISAPZURICH, internationally active in teaching and training. Her recently published works are her book, Trauma and Beyond: The Mystery of Transformation, Zürich Lecture Series in Analytical Psychology (Routledge, 2000); and her essays: "The Power of the Unconscious: Descent into Madness or Spiritual Emergence?" (JOS Vol. II, 2010); "Yearning to be Known: Individuation and the Broken Wings of Eros" (JOS Vol. I, 2009), and "The Symbolic Dimension in Trauma Therapy," in Spring: A Journal of Archetype and Culture, Symbolic Life, Vol. 82, 2009.

Recommended Reading Searching for Soul in Times of Anxiety

Presenters' Suggestions

Peter Amman Lecture/Seminar

Peter Ammann, "The Musical Theory and Philosophy of Robert Fludd," in Journal of the Warburg and Courtauld Institutes, 30:2198-227 (1967).

C.G. Jung, "Synchronicity: An Acausal Connecting Principle," in CW8.

Wolfgang Pauli, "The Influence of Archetypal Ideas on the Scientific Theories of Kepler," Trans., Priscilla Silz, in Jung and Pauli, *The Interpretation of Nature and the Psyche* (Routledge & Kegan Paul: 1955).

Philip M. Peek, Ed., African Divination Systems – Ways of Knowing (Indiana University Press, 1991).

Galina Angelova Seminar

Jung, "The Undiscovered Self: Present and Future," in CW10.
Jung, "The Spiritual Problem of Modern Man," in CW10.

Andrew Fellows Lecture & Hike

Andrew Fellows, *Gaia*, *Psyche*, and *Deep Ecology*: *Navigating Climate Change in the Anthropocene* (Routledge, 2019).

M. Sabini, Ed., *The Earth Has a Soul: The Nature Writings of C.G. Jung* (North Atlantic Books, 2002).

Steve Taylor, Spiritual Science: Why Science Needs Spirituality to Make Sense of the World (Watkins, 2019).

Ann Chia-Yi Li Lecture & Workshop

Richard Wilhelm, Trans., The Secret of the Golden Flower: A Chinese Book of Life, with Jung, "Commentary," Trans., Cary F. Baynes (Harcourt Brace & Co., 1969).

Judith A. Savage Lecture & Seminar

Jung, Jung on Active Imagination, Ed., Joan Chodorow (Princeton University Press, 1997).

You might also like to read ...

Fanny Brewster, The Racial Complex: A Jungian Perspective on Culture and Race (Routledge, 2019).

- Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss (Routledge, 2018).
- African Americans and Jungian Psychology (Routledge, 2017).

Elizabeth Brodersen and Pilar Amezaga, Eds., Jungian Perspectives on Indeterminate States: Betwixt and Between Borders (Routledge, 2021).

Thomas Moore, Care of the Soul: A Guide for Cultivating Depth and Sacredness in Everyday Life, 25th Anniversary Ed. (Harper Perennial, 2016).

Kristina Schellinski, Individuation for Adult Replacement Children (Routledge, 2019).

C. Michael Smith, Jung and Shamanism in Dialogue: Retrieving the Soul/Retrieving the Sacred (Paulist Press, 1998).

Murray Stein, Jung's Map of the Soul: An Introduction, 5th Ed. (Open Court, 2003).

Murray Stein, Thomas Arzt, Eds., Jung's Red Book for Our Time: Searching for Soul Under Post-Modern Conditions, 2 Volumes (Chiron, 2017 and 2018).

Craig E. Stephenson, Ages of Anxiety: Jung's Types as Inspiration for Poetry, Music and Dance, The Zurich Lecture Series in Analytical Psychology (Spring Journal and Books, 2016).

- Possession: Jung's Comparative Anatomy of the Psyche, Rev.Ed. (Routledge, 2016).
- Ed., Jung and Moreno: Essays on the Theatre of Human Nature (Routledge, 2013).
- Anteros: A Forgotten Myth (Routledge, 2011).

Peter Tyler, The Pursuit of Soul: Psychoanalysis, Soul-making, and the Christian Tradition (Bloomsbury, T&T Clark, 2016).

Ursula Wirtz, *Trauma and Beyond: The Mystery of Transformation*, The Zürich Lecture Series in Analytical Psychology 2012 (Spring Journal and Books, 2014; Routledge, 2020).



The International School of Analytical Psychology Zürich

was founded in 2004 by AGAP, the Association of Graduates in Analytical Psychology. AGAP is an international, Swiss-domiciled professional association, itself founded in 1954. To date its members number nearly 500 worldwide. AGAP is a charter member of the International Association for Analytical Psychology (IAAP) and is accredited as an IAAP Training Group.

To date, ISAP is the only IAAP institute offering full-time analytic training that incorporates every year two full semesters (each 12-14 weeks) of lectures and seminars. We adhere to Jung's inter-disciplinary outlook by admitting candidates with advanced degrees in any field of study. Candidates with advanced degrees in clinical psychology or medicine—and with adequate skills in German, French, or Italian—may qualify to receive a Swiss federal title and cantonal license for the practice of psychotherapy. All graduates of the analytic program are eligible to apply for membership in AGAP and the IAAP.

ISAP's faculty members, guest instructors, and trainees from around the world enrich the program with their diverse professional and cultural backgrounds. Lectures and seminars are held in English and German. Training analysis and supervision are conducted in a number of other languages as well.



Community Outreach ISAP reaches out by opening to the general public its regular lectures and special programs such as the Jungian Odyssey; the Zürich Lecture Series; Basic Jung; C.G. Jung Entdecken; and the Märztagung. These and other continuing education programs are designed for general interest, as well as for professionals within and outside of the field of psychology. Our Counseling Service holds confidential, cost-free consultations leading to referrals for analysis, psychotherapy, or counseling in many different languages and at reasonable rates.

Become a Donor To continue flourishing, ISAP relies on the support of friends. Donations and legacy bequeathments made through AGAP are exempt from general communal, cantonal, and federal tax in Switzerland.

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