

President's Reflections - Deborah Egger



In 2019 ISAP celebrated its 15th anniversary, which is an important milestone. We are no longer so 'young' as a training institute and are well on our way to a strong and stable future, but we are at a turning point and need to take this to heart.

Because we felt this, the IC commissioned a birth horoscope for ISAP on the occasion of our anniversary and it confirmed that we are indeed at a crucial point in our development. One in which we must be careful of our resources, both human and financial; continue to streamline and update our structures, work to dismantle resistances, and be aware we that are in process of shedding old ballast, which in turn will unleash the energies to flow anew. When we are successful at this turn, we can look forward to a new cycle of ca. 30 years, which is now beginning.

The IC is committed to this renewal and is convinced that we can together, as a diverse and dynamic, but cohesive, community reinvent ourselves staying true to our essence while adapting ourselves to remain relevant in the coming decade(s). Our student body is more diverse and inspired than ever; we continue to attract a steady stream of interest in our residential, immersion training program as well as strong outside interest in our personalized

block courses for those who want to be exposed to ISAP teachers but cannot come for the entire training.

Our staff has consolidated into a good team, for which the IC is extremely grateful. This autumn the staff, consultants and IC visited Bollingen Tower and enjoyed a very informative tour with Jung's youngest grandson, Hans Hoerni. It was a lovely afternoon outing, much appreciated by all and very insightful as to the roots of analytical psychology and our school. We are all learning to improve our communication and trust as we manage a somewhat unwieldy school and community, all of us on a part-time basis. I can feel an improvement in our efficiency and efficacy, which along with the new website, will help us turn this corner into a sustainable future.

The Spring and Autumn 2019 Program was chocked full of exciting special events which attracted many visitors to ISAP and I want to thank Nancy Krieger and the Program Committee along with all of you who created and chaired these special events. You make ISAP what it is: unique, chaotic and charismatic, and singularly essential to analytical psychology and the collective.

With warmest collegial regards,
Deborah Egger

Zurich Lecture Series 2019 - Murray Stein

On the weekend of October 4-5, the 10th edition of the ZLS took place with Mark Saban lecturing about his book, "Two Souls Alas..." Jung's Two Personalities and the Creation of Analytical Psychology, written specially for the occasion and published by Chiron Publications.



Mark Saban is a training analyst with the Independent Group of Analytical Psychologists, London and a lecturer at the Department of Psychosocial and Psychoanalytic Studies, University of Essex. He co-edited *Analysis and Activism – Social and Political Contributions of Jungian Psychology* with Emilija Kiehl and Andrew Samuels (Routledge 2016). Recent articles include "Secrete e Bugie. Un'area cieca nella psicologia junghiana", *Rivista di psicologia analitica*, 2017, No. 43 Volume 95, and "Outside-In: Jung's myth of interiority ambiguated. Or – Knowing me, Knowing Jung – ahah!" *Journal of Analytical Psychology*, 2018, 63, 3.

Like every year, the Zurich Lecture Series started with an opening gala dinner in a Guild in the heart of the old town. The evening happened in a friendly and relaxed atmosphere, the guests having the opportunity to meet or reconnect with colleagues, friends or newcomers while

enjoying the introductory lecture of the speaker. In his lectures, Mark confronted us with the provocative idea that Analytical Psychology was born from a contradiction. On one side Jung developed the idea that psychological health depends on our ability to avoid one-sidedness. On the other side Jung himself has been unable to avoid one-sidedness. Indeed, all his life he prioritized the inner dimension of psychological work at the costs of shadowing out the outer life. Mark's objective is not to attack Jung but rather to bring out of the shadow the value of real outer life, thus rehabilitating the other pole of the dialectic, allowing a transcendent function - so dear to Jung and to the Jungians - to operate.

The next day we met for a full day of reflections on the theme addressed by Mark.



His book, available for the occasion, became a best-seller as people snapped it up and asked him for an autograph. The discussion was lively and at times even heated especially around issues related to Jung's childhood traumas and his relationships with women. As before, the ZLS lecturer left the audience with much to think about afterwards.

ZLS is traditionally followed by three days of Postlude. This year, the guests had the opportunity to be guided by Paul Brutsche on an excursion through the interesting Swiss

city of St. Gallen and its treasures, including the oldest library in Europe, now a designated UNESCO World Heritage Site, the adjacent Abbey Cathedral, St. Gallen's collection of Outsider Art, and the unique architecture of the Old Town. The next days' lectures and panel discussion were held at ISAP with Brigitte Egger speaking on "Dante's Divine Comedy: A Thorough and Exquisite Guide to Soul and Individuation Centered on Love"; John Hill on "Estranged from Self and the World: What can we do?"; Gunilla Midbøe on "Visit from the Minotaur: A Myth and a Case Exploring the Boundaries and Limits of Ego-consciousness and Archetypal Powers." The Panel discussion titled "Civilization in Transition: Racism – A Jungian View," featured Deborah Egger, Nancy Krieger, Bernard Sartorius with Murray Stein as Moderator.



Program Committee - Nancy Krieger

Combining both the Spring and Autumn semesters for 2019 we offered 129 courses (up from 120 in 2018) totalling 295 double hours of class time (up from 265) plus 17 colloquia (up from 16). Included in this there were 51 CH-courses totally 121 double hours (way up from 17/64). 14 courses were offered in German or German and English.

We usually attract a number of guest speakers, but the Autumn semester had a particularly high number of very interesting events hosted by guests on their way home from the IAAP Congress in Vienna. In addition, Murray's two symposiums (Jung's Red Book for Our time and Jungian Psychology in Dialogue with Buddhism) with a number of guest speakers brought in a record number of visitors. I was surprised to

learn when I calculated the statistics that we are attracting, on the average, 2.5 to 3 guests each double hour of class. We are having an impact on the population in Zurich, more than we thought! Thanks to the office staff who have counted attendance and collected payment before the public lectures.

We are also attracting a number of groups from outside who want to benefit from our training by having private courses. We thank all of you who are available to offer these special courses. It makes our training well known to students of all psychological schools, not only Jungians.

The 14th Jungian Odyssey

Vitznau, 18th - 25th May 2019

Rupture and Repair: Minding Crippling Emotions

Ursula Wirtz, Academic Chair



Ursula Wirtz, Academic Chair with JOCom Members Stacy Wirth, Kathrin Schaeppi, and Katarzyna Wach

The 14th Jungian Odyssey explored political and psychological turmoil thriving in the petri dishes of culture, religion, race, gender, and sexual orientation. Our contemplations on ruptured existence and pathways to repair took place close to the famous terrain where, according to legend, fractured relations with foreign rulers spawned the Swiss freedom fighter (or assassin!) Wilhelm Tell, the Rütli Oath, and the birth of the Old Swiss Confederacy.

Hotel Flora Alpina, nestled within a beautifully designed parkland in Vitznau overlooking the Lake of Lucerne, was a soothing place to delve into Professor Ann Belford Ulanov's keynote address, "In Trauma, Are We Hurt Beyond Repair?" She continued with "The Agony of Integrating Dissociated and Split-Off Parts of Ourselves." Our other two guest speakers,

John A. Desteian and Judith A. Savage, who have in the meantime joined ISAP as Training Analysts and Supervisors, presented very moving accounts of collective traumatic crippling and "The

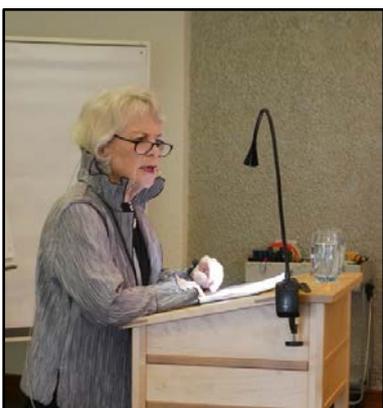
Phenomenology of the Numinous." Fourteen ISAP presenters offered rich opportunities for animated discussions among our multicultural participants.

Some very special outings and events complemented our rich program: A cogwheel train led us up to the mystical, foggy, and rainy Rigi Kulm—whereas on the chartered boat ride to Rütli Meadow, we enjoyed our picnic and bathed in glorious sunshine. Josef Marti, a Jungian analyst and native of Lucerne, not only initiated us into the topography of the landscape, the local legends, and Wilhelm Tell. At the famous Rütli Meadow, he also played beautiful Alphorn music for us. At our closing gala, our Jungian analyst Robert "Bobby" Ingram graced us with music and song on the piano, rousing us all to a sing-along of our favorite "oldies"—a unique mélange of blues, gospel, country and jazz.

Once again, the Odyssey was such a success that a number of participants asked for interviews and information about studying and training at ISAP. And again, the Odyssey yielded a much-appreciated financial surplus, to the benefit of our institute.

Our next harbor will be a homecoming to Parkhotel Beau-Site in Zermatt, where we will immerse ourselves in the topic, "Searching for Soul in Times of Anxiety." We look forward to our keynote speaker Thomas Moore, special guests Hari Kirin and Craig E. Stephenson, and of course all of the ISAP presenters—without whom this event would not be possible.

Dr. Ursula Wirtz



Working Group Accreditation - Lucienne Marguerat

Working Group Accreditation (AGAK) Annual Report 2019.

The CH programme remains accredited. In February 2019, the AGAK sent initial responses to seven conditions that the FOPH (Federal Office of Public Health) had attached to the accreditation of the CH programme 2017. The FOPH then had further requests for improvement and gave us until the end of September 2019. The extraordinary meeting

of 28 September 2019 gave its approval to the new responses of the AGAK. Following this, the ASP (Association of Swiss Psychotherapists) whom we entrusted as our representative in the accreditation process, sent our responses to the FOPH. The FOPH was then only partially satisfied and asked for clarifications by March 6, 2020. Since then, the AGAK has been working and consulting with the ASP and compiling documents.

Märztagung - Paul Brutsche

The Märztagung 2019 conference was dedicated to the topic: **INDIVIDUATION: Underway between adaptation and self-realization**. On the occasion of this German-speaking event, which was held for the 10th time, we wanted to deal specifically with a core topic of Analytical Psychology. The conference was accordingly well received. In addition to our loyal regular customers, there were several new participants. This corresponds to the objectives of the Märztagungs meetings: they should serve not only to convey Jungian topics to an interested public, but also to make ISAP a little better known.

The conference followed the structural concept that has already proven its worth: two lectures in the morning, four workshops in the afternoon, and a concluding panel discussion. Kathrin Asper spoke about: 'Individuation: or how to live correctly', Ursula Wirtz about: 'Mindfulness and Individuation'. The workshops had the following topics: Irene Berkenbusch: 'Our handling of threshold situations and transitions in the lifelong individuation process'; Franz-Xaver Jans-Scheidegger: 'Go! There is no way. The path comes into being when you go'; Michael Péus:

'Arriving at oneself and others: Terminal disease and individuation; Ilsabe von Uslar and Katharina Casanova: 'Open doors'.



New Graduates



Annika Jaakkola



Susanna Bucher Alther



Mutations

DECEASED PARTICIPANTS

We are happy to inform that there were no deaths in 2019

RESIGNED

Katie Remark
Doris Lier

NEW ISAP PARTICIPANTS

Andrew Fellows
Marcel van den Akker
John Desteian
Judith Savage

PROMOTIONS

New TA:

Ann Li
Vreni Osterwalder Bollag

New SA:

Maria Bernasconi
Sandy Schneckeburger

STAFF MUTATIONS

No staff changes

NEW GRADUATES

Annika Jaakkola
Susanna Bucher Alther

EMERITI

No new Emeriti

Finance Report - Christa Robinson

It is with much gratitude that we can look back on a very good financial year. It brings us a big step closer towards achieving our goal of making ISAP financially sustainable. Various positive factors came into play, but we were particularly pleased with the excellent results of our financial investments. After the major loss on those investments in 2018, it shows that our long term strategy of a sustainable portfolio is right for the long term, despite the inevitable fluctuations of the financial markets.

We can only ensure the high quality of our education thanks to generous contributions from donors. We are sincerely grateful that this year again we were able to receive contributions from our unwaveringly loyal donors. There were also many additional spontaneous donations, which we greatly appreciate. Both the contributions from JITZ and the generous offer from the Oswald Foundation to double donations of up to CHF 12,000 made a decisive contribution to the good result.

The JO has been very successful - not only in terms of expertise and content, but also financially making a substantial contribution to the good annual result.

Also very welcome is the financial contribution of the personalized block courses that have been offered for several years now. There is much interest in these and they make ISAP known to a wider audience.

Thanks to the scholarship fund set up last year, a scholarship was awarded to a student for the first time. It is nice to know that we are now also able to respond to the special financial needs of our students.

The work on the new website has taken considerable time and energy in 2019, and of course it was also very expensive. JITZ has generously covered all the development

costs, helping us to meet the needs of today's interested parties, students and participants. Once again we received a substantial contribution for our library project. A library is like the small sister of a program. If our program is the backbone or "raison d'être" of ISAP, the library needs to be electronically sufficiently equipped to meet the needs of our students and participants who want and need to be informed about articles, newly published books and resources available in other libraries. The rest of the school will also profit from this new electronic equipment.

We have also started other projects to increase the awareness of ISAP and to arouse lasting interest. In particular, I would like to mention the podcast project, which will be further developed in 2020 with the aim of being able to download lectures from the website.

We are convinced that with all these projects and activities the number of our students will continue to grow. Already in 2019 we had more students than last year and the positive trend continues.

It is only thanks to the enormous commitment of everyone involved that all the positive things we were able to achieve in 2019 have become possible. We would like to thank you very much for this and are very happy to be able to continue to count on your support and cooperation.

Library - Carol McGinty

2019 was another busy and enjoyable year for the ISAP Library. Our primary role is supporting ISAP students and analysts in their reading and research, and we take every opportunity to develop our resources. Thanks to renewed access to a generous grant, we have continued to expand the infrastructure of the library with books, furniture, accessories, and a subscription to a Jungian journal, with more such developments to come. Especially important is our goal of providing access to full-text journal articles, and we have come a step closer this year with our trial subscription to a service called DeepDyve, which has initially proved to be useful and affordable.

In 2019, library staff initiated contact with librarians from the University of Zurich Psychology Library and with the librarian at the Jung Institute in Küsnacht, hoping to pave the way for future cooperative efforts.

From September to December, there was a special picture exhibition in ISAP's first floor corridor and adjoining room S3, and the library was pleased to provide an apéro for the vernissage. The exhibition, organised by Lucienne Marguerat and Paul Brutsche, displayed 12 paintings by participants from Lucienne's intuitive painting classes. At the vernissage in September, some of the participants were on hand to describe their painting process.

Certificate in Fundamental Theory

2019 saw three students successfully taking the Certificate in Fundamental Theory. David Mackres (receiving his certificate from Deborah Egger), Hanna Marti who also entertained us with her music, and Shin-Ichiro Otsuka, an AJAJ student, on the left of the lower picture with Hiro Hosokawa on the right. We hope to see them back in the future for the Diploma Program.



15th Anniversary Celebration

- Diane Cousineau Brutsche

ISAP became 15 years of age in 2019, an event that could not go unnoticed. A celebration took place on September 7th, during the Semester Opening with an audio-visual presentation in three delightful parts.

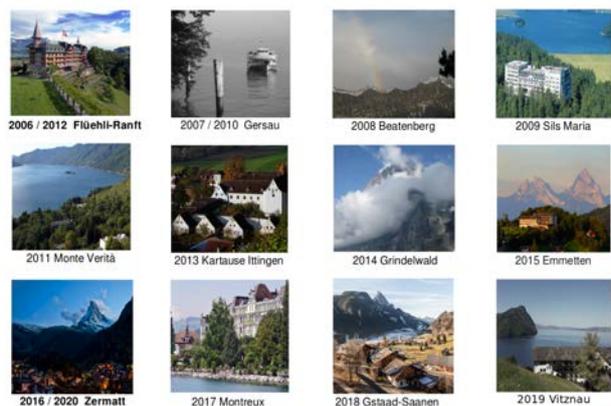
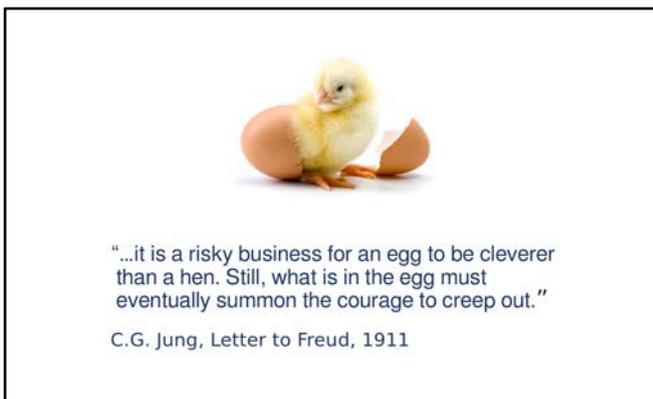
The first part consisted of a power-point presentation capturing the difficult history of ISAP's founding. It was told in the form of a fairy tale, informative and humorous. It recalled our roots and evoked a sound emotional connection to those challenging times. It went on to show ISAP's growth and the many "sproutings" of new projects through succeeding presidencies.

This first part was followed by a beautiful film of the Jungian Odyssey's special Swiss

landscapes and spiritual ports of call. These retreats have covered a variety and richness of themes kindling the enthusiastic response of those attending. The soulful atmosphere of the film, reflecting ISAP's essence, was warmly applauded by our colleagues.

The celebration ended with a series of birthday wishes from students and colleagues in 24 different languages: a tribute to ISAP's multi-cultural, multi-ethnic, multi-lingual vibrant community.

Four colleagues worked intensely in the preparation of the event attended by a full house on the day of this memorable celebration.



The Odyssey Ports



Student Statistics 2019

TRAINING STATUS	Language		Gender		Total Students
	English	German*	M	F	
Diploma Candidate (DC)	28	2	7	23	30
Training Candidate (TC)	15	0	3	12	15
AJAJ (Japan)	1	0	1	0	1
Matriculated Auditor (MA)	12	1	5	8	13
Total Students	59	3	16	43	59
<i>*German level B1 or higher</i>					

Country of Origin	Total	DC	TC	MA	AJAJ
Australia	1		1		
Bulgaria	1		1		
Canada	4	4			
China	5		2	3	
Hungary	1	1			
India	2	2			
Indonesia	1	1			
Iran	1		1		
Israel	1	1			
Italy	3	2	1		
Japan	10	7	1	1	1
New Zealand	1	1			
Philippines	1	1			
Russia	3	1	2		
South Africa	1			1	
South Korea	1	1			
Sri Lanka	1		1		
Sweden	2	2			
Switzerland	3	2		1	
Thailand	1		1		
Trinidad-Tobago	1			1	
Turkey	1	1			
Ukraine	1			1	
United Kingdom	1		1		
USA	11	3	3	5	
Total	59	30	15	13	1

Total IFR	36
Total IPR	5
Total Opt 1 Altes. Reg.	2
Total CH	2
MA, AJAJ	14

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